

WICHITA

# PARK & RECREATION

WINTER 2016

| ACTIVITIES GUIDE

JANUARY - MARCH



**PRIVATE MUSIC LESSONS!  
GUITAR, PIANO, DRUMS and MANDOLIN**

[www.Wichita.gov/ParkandRec](http://www.Wichita.gov/ParkandRec)



# Get a jump on . . . . . **SUMMER CAMP**

## Registration Begins February 22!

Summer will be here sooner than you think! Reserve your spot in the **coolest** camp in town - **Summer of Discovery!**

- Offered at Edgemoor, Linwood and Orchard Recreation Centers for kids ages 6-13.
- 11 weeks of non-stop fun from May 31-August 12. Hours are 7am-6pm.
- Choose all 11 weeks or pick and choose which weeks to attend.
- A \$19 deposit per week per child reserves your spot! (Deposit is applied to the weekly fee.)
- Fee is \$99 per week per child. Additional child discounts available for siblings!
- Games, crafts, field trips, swimming and more!

**Contact the Recreation Center of your choice for more information or to register.**  
**See page 5 for contact information.**

DCF assistance accepted (contact them directly to see if you qualify). Licensed by KDHE with 1:15 staff to child ratio.

## ABOUT the COVER

Evergreen Park's new mural serves as the backdrop for the cover of the 2016 Winter Activities Guide.

The Wichita City Council, Young Professionals of Wichita and the ICT Army of Artists chose Evergreen Park as the site for the seventh annual Enhance Community Project. The mural is designed to make Evergreen Park and the pool area a pleasant sight for visitors. Before, the pool building was a faded blue green color and dull, but

after installing the artwork it became much more vibrant and inviting. The area now reflects the good times visitors can expect to have when they attend.

Joel Escarpita designed the mural and directed

volunteers during the painting. Inspiration was the vast rural landscape seen while on a train ride and the mural is his interpretation of the quintessential Kansas landscape. Approximately 10-15 volunteers of all ages helped bring the vision to life on Saturday, June 13.

**“While everyone has their roots and beginnings to their stories, presently our stories converge, here in Kansas.”**

- Joel Escarpita

Armando Minjarez designed the bench-like sculpture





# Table of Contents

Wichita City Council .....	4
Board of Park Commissioners .....	4
Barry's Corner .....	4
Locations .....	5
Specialty Camps .....	6
Kids Konnection .....	7
Tots .....	8-11
Youth .....	12-17
Adults .....	18-29
Active Adults .....	30
Riverside Tennis Center .....	30-31
Athletics .....	32-33
Policies .....	34
Registration Information .....	35

All winter classes start the week of January 19 unless otherwise noted in the "BEGINS" column.

which was inspired by a specific set of sound waves from the song El Principio (The Beginning) by iconic Mexican Mariachi singer Juan Gabriel. He ran the song through a sound visualizer, extrapolated a sound wave and converted it into the design for the sculpture.

The cover also highlights Wichita Park & Recreation's wide variety of music offerings. Lessons in piano, guitar, mandolin and drums are all available and are scheduled at the student's convenience. Complete information can be found on pages 12 and 24.

*Evergreen Park is located at 2700 N. Woodland and includes a Recreation Center, Neighborhood Resource Center, swimming pool, playground, picnic tables, charcoal grills, basketball court, football field, tennis court and 27 acres of park land.*



## Meet GREG OLMER

Dear Fellow Wichitans,

My name is Greg Olmer and I am honored to be the new Superintendent of Recreation for the City of Wichita. I grew up in Lincoln, Nebraska and spent much of my youth participating in a variety of recreation



programs. It was those experiences that guided me towards a career in recreation.

I earned a degree in Community Health and Physical Education from the University of Nebraska in 2003. My first job after college took me to Texas, where I worked first for the City of Austin as a Recreation Specialist and then for the City of Georgetown as Recreation Supervisor. While my wife and I enjoyed our time in the south, we both desired to return to the midwest to raise our family. When the opportunity presented itself to join Wichita Park & Recreation, I was ecstatic.

It is my distinct pleasure to represent a growing and thriving recreation department that focuses on enhancing our community's quality of life. We are dedicated to engaging people of all ages and abilities and we strive to exceed expectations by being good stewards of all that has been entrusted to us. I look forward to getting to know you through the city's many programs and events as we continue to grow as a community.



### Building a Caring Community

Wichita Park & Recreation is committed to programs that serve the needs of youth and adults. If you need special accommodations to participate in our programs, please notify us when registering.

The City of Wichita does not discriminate on the basis of age, sex, race, color, creed, national origin, or disability. In providing services to the public, the City of Wichita must comply with the Americans with Disabilities Act (ADA), a federal anti-discrimination statute designed to remove barriers that prevent qualified individuals with disabilities from discrimination on the basis of disability in services, programs, or activities of local governments.

# WICHITA CITY COUNCIL



Janet Miller  
District VI

Pete Meitzner  
District II

James Clendenin  
District III

Mayor Jeff Longwell

Lavonta Williams  
District I

Bryan Frye  
District V

Jeff Blubaugh  
District IV

## Board of PARK COMMISSIONERS

The seven person Board of Park Commissioners consists of one member from each Wichita City Council district and one at-large member. This advisory board makes recommendations to the Wichita City Council on issues related to:

- Parks
- Land acquisition and disposition of existing park properties and facilities
- Recreation programming
- Fees
- Department and Capital Improvement Program budgets
- Future park development
- Other issues related to Wichita Park & Recreation



## BARRY'S CORNER



Have you seen Barry the Bison around town? This fall kept Barry quite busy. Barry hung out with his friend "Spinner" from the Wichita Wingnuts during two baseball games in September. Together they demonstrated a fun form of teaching golf to kids - S.N.A.G. (Starting New At Golf).

Barry was also a main attraction at Wichita Play Day held on

September 19 at Watson Park where more than 5,000 families attended this free and fun event!

Colvin Recreation Center was the site for a "Celebrate Safe Communities" event and Barry was on-site to help promote safety.

Lawrence Dumont Stadium was the location for a Saturday morning "Zumba in the Ballpark" and Barry was there bright and early and ready to exercise!

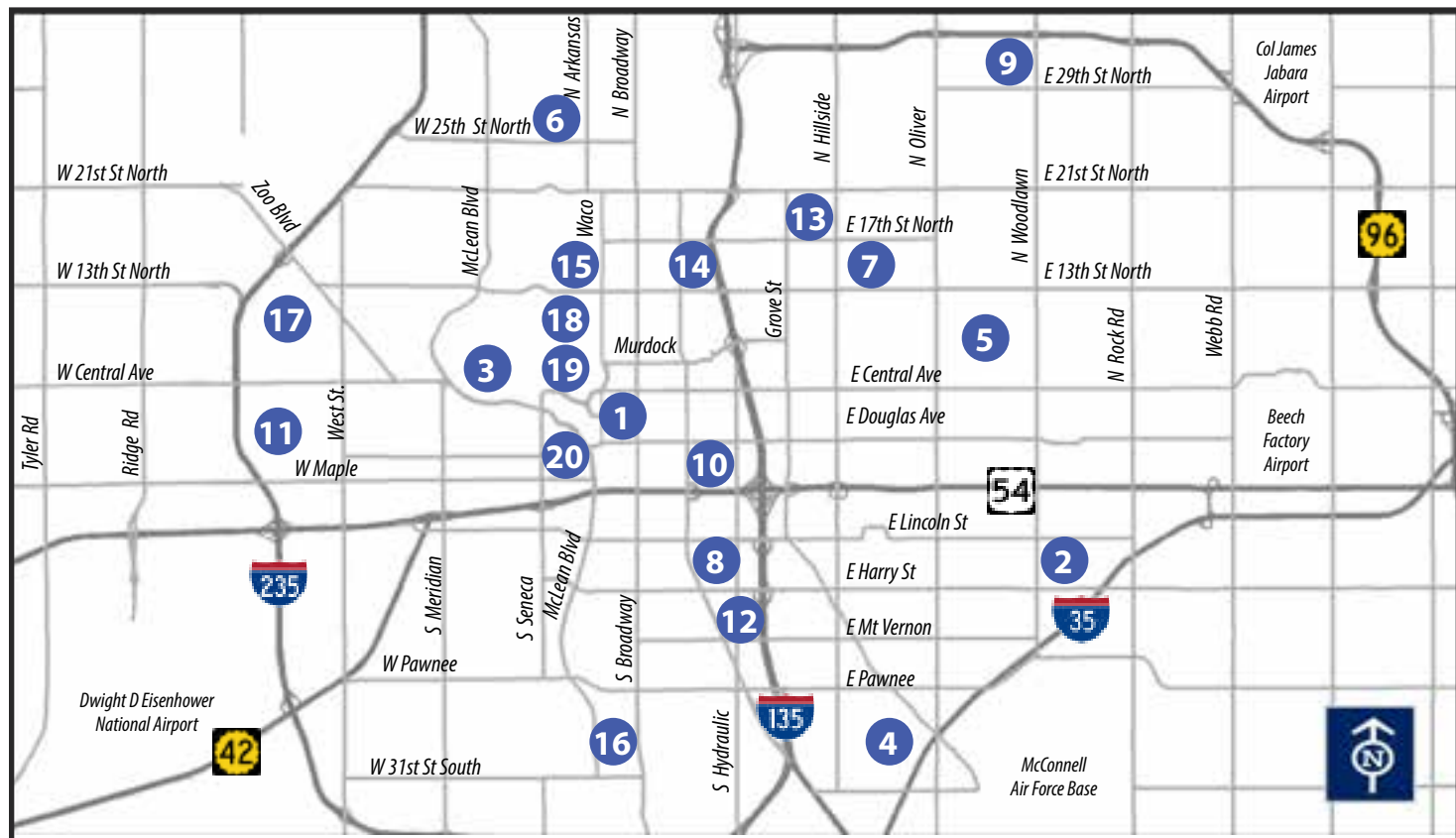
Be sure to watch for Barry the Bison at coming events, and remember you can always hire him for YOUR private event - visit [Wichita.gov/ParkandRec](http://Wichita.gov/ParkandRec) for information.



Barry the Bison with the Wichita State University Women's Basketball Team at Wichita Play Day







1	Administrative/Athletic Office (City Hall)	455 N. Main - 67202	268.4361
2	Boston Recreation Center	6655 E. Zimmerly - 67207	688.9301
3	Botanica, The Wichita Gardens	701 Amidon St. - 67203	264.0448
4	Colvin Recreation Center (in Colvin School)	2820 S. Roosevelt - 67210	303.8023
5	Edgemoor Recreation Center	5815 E. 9th St. - 67208	688.9392
6	Evergreen Recreation Center	2700 N. Woodland - 67204	303.8036
7	Fairmount Community Facility	1647 N. Yale Blvd. - 67218	303.8015
8	Goldenrod Community Facility	1340 S. Pattie - 67211	337.9191
9	Great Plains Nature Center	6232 E. 29th St. North - 67220	683.5499
10	Hyde Community Facility	201 S. Greenwood - 67211	688.9392
11	Kiwanis Community Facility	5101 W. 2nd St. North - 67212	337.9244
12	Linwood Recreation Center	1901 S. Kansas - 67211	337.9191
13	Lynette Woodard Recreation Center Lynette Woodard Annex	2750 E. 18th St. - 67214 2755 E. 19th St. - 67214	303.8015
14	McAdams Recreation Center	1329 E. 16th St. - 67214	337.9222
15	Minisa Community Facility	704 W. 13th St. North - 67203	303.8036
16	O.J. Watson Park	3022 S. McLean Blvd. - 67217	529.9940
17	Orchard Recreation Center	4808 W. 9th St. - 67212	337.9244
18	Park Villa Community Facility	1029 N. Bitting - 67203	337-9222
19	Ralph Wulz Riverside Tennis Center	551 Nims - 67203	337.9257
20	Wichita Ice Center	505 W. Maple St - 67213	337.9199
<b>OFF-SITE PROGRAM LOCATIONS</b>			
	Auburn Hills Clubhouse	433 S. 135th St. West - 67235	-

## ¡ATENCIÓN!

Wichita Park & Recreation está comprometido a servir a la comunidad Latina a través de:

- Materiales traducidos en Wichita.gov/parkandrec
- Alianzas dentro de la comunidad
- Eventos y programas adicionales

Háganos saber si necesita alguien para interpretar cuando nos contacte.

**Sorry WE'RE CLOSED**

*All recreation centers are closed on the following holiday observance dates:*

January 1  
January 18  
February 15

Contact Riverside Tennis Center, Great Plains Nature Center, and Watson Park for specific holiday hours at those locations.

# Specialty Camps

Captivate your kid's imagination!  
These special-interest camps immerse your child  
in the subjects they love !

- Camp held from 8am-5pm.
- Special paperwork is required prior to attending.
- All camps held at Boston Recreation Center.
- Bring a lunch and drink.
- DCF Vision Card is not accepted for this program.
- Ages 6 - 13. Daily fee is \$21.



## Ninja Turtle Power

January 18 | Code 9404

Cowabunga dudes! Train to be a ninja so you can save the streets from Shredder and the other villains. Prepare by learning stealth maneuvers, run obstacle courses and take the ninja star skill test. Make green ooze, your own ninja mask and of course, pizza! Registration deadline is 1/13.



## Grocery Games **NEW!**

February 15 | Code 9405

This is a recipe for fun! Spin the wheel, grab those ingredients and create unique treats. Then have fun tasting the results. Grocery cart races and other games will spice things up. Registration deadline is 2/10.

## A Knight's Tale **NEW!**

March 14 | Code 9406

Become a knight for a day! Put on armor and show your bravery with sword fighting and jousting. Plus make your own shield to aide you in defending the castle. Registration deadline is 3/9.



## Olympic Fun **NEW!**

March 16 | Code 9407

Let the games begin! Olympians will show their patriotism as they represent their countries during the opening ceremony. Jump right into team competitions such as soccer and basketball, plus individual contests like the obstacle triathlon. Registration deadline is 3/14.

## Camo Camp Basics

March 18 | Code 9408

It's time to report for duty! Fun drills and obstacle courses will keep recruits moving. Use a compass to guide teammates through a mine field and two-way radios to help rescue the wounded soldier. Get a flavor for military life by tasting an MRE (meals ready to eat). Registration deadline is 3/16.



**No School?  
No Problem!**

# Kids Konnection

**Kids** will enjoy sports, games, crafts and other activities during in-service days!

**Parents** can rest easy with this safe and affordable option. Extended hours allow for before and after work pickup and drop off.

(Kids bring their own lunch and drink daily).

- 7am - 6pm
- Ages 6-13
- \$18 per child/day
- DCF Vision Card accepted

- January 4
- January 15
- February 16
- March 10
- March 11
- March 14-18
- April 15
- April 18

Available at  
**Edgemoor, Linwood  
and Orchard**

This camp is licensed by the KDHE. Please notify Wichita Park & Recreation if you need special accommodations to participate.



**Cassie Gillespie**  
owner

101 W. Spring Ave. • Conway Springs, KS

**620.456.3545**

**clgphotography.net**



**REGISTER EARLY  
CAMPS FILL FAST!**

***O.J. Watson Park***



Open 8am-4pm through March.

Miniature golf, playgrounds, picnicking, kite flying, fishing, campfire circle, hayrack rides and shelter rentals.

Call 529.9940 for details.



## Tots in Training



Prepare for an active lifestyle! Tots ages 1-2 get fit and ready in these programs that introduce core concepts using a variety of fun games. Develop motor skills, balance and coordination while learning classroom and social skills. Parent participation required. A maximum of two children per parent/guardian. All classes held indoors.

### Little Sluggers

Tots will use a lightweight ball to practice hitting, catching, throwing, and running bases. No gloves are needed.

Code	Location	Classes	Begins	Day	Time	Fee
9262	Woodard	4	1/25	M	5:30p-6:00p	\$10
9261	Woodard	4	1/22	F	5:30p-6:00p	\$10

### Soccer Tots

Dribbling, passing and shooting goals are practiced using a smaller foam soccer ball. Learn teamwork and simple rules such as not using hands.

Code	Location	Classes	Begins	Day	Time	Fee
9302	Woodard	4	1/19	Tu	5:30p-6:00p	\$10
9304	Woodard	4	2/16	Tu	5:30p-6:00p	\$10
9303	Woodard	4	1/21	Th	6:00p-6:30p	\$10
9305	Woodard	4	2/18	Th	6:00p-6:30p	\$10



### Tiny Dancers

Move to the music! This introduction to creative, rhythmic movements includes using equipment such as hula hoops, bean bags and parachutes with fun themed music.

Code	Location	Classes	Begins	Day	Time	Fee
9337	Woodard Annex	4	1/25	M	6:00p-6:30p	\$10
9336	Woodard Annex	4	1/21	Th	6:00p-6:30p	\$10

### Tiny Tots Fitness

Encourage tots to develop a healthy lifestyle with running, jumping, hurdles, obstacle course and other fun fitness drills.

Code	Location	Classes	Begins	Day	Time	Fee
9338	Woodard	4	1/19	Tu	6:00p-6:30p	\$10
9339	Woodard	4	1/23	Sa	9:00a-9:30a	\$10

### Touchdown Tots

Enjoy passing and running drills using a floor ladder, hurdles, cones and a smaller sized football in a fun environment.

Code	Location	Classes	Begins	Day	Time	Fee
9349	Woodard	4	1/20	W	5:30p-6:00p	\$10
9352	Woodard	4	2/17	W	5:30p-6:00p	\$10
9350	Woodard	4	1/22	F	5:00p-5:30p	\$10
9351	Woodard	4	1/23	Sa	10:00a-10:30a	\$10



### Wee Hoops

Learn to dribble, pass and shoot using smaller basketballs and lower goals.

Code	Location	Classes	Begins	Day	Time	Fee
9365	Woodard	4	1/25	M	5:30p-6:00p	\$10
9363	Woodard	4	1/21	Th	5:30p-6:00p	\$10
9366	Woodard	4	2/18	Th	5:30p-6:00p	\$10
9364	Woodard	4	1/23	Sa	9:30a-10:00a	\$10

## Dance & Music

### Ballet & Tap

Whirl and twirl and tap your happy feet! First time dancers learn basic movements, rhythms and mini-combinations. Intermediate and advanced classes are more progressive and require instructor approval or previous experience.

Code	Location	Classes	Begins	Day	Time	Fee
<b>Beginning (ages 3-5)</b>						
9133	Edgemoor	6	1/25	M	5:45p-6:30p	\$20
9134	Linwood	14	1/25	M	5:30p-6:15p	\$47
9135	Linwood	14	1/26	Tu	10:00a-10:45a	\$47
9137	Orchard	14	1/25	M	10:00a-10:45a	\$47
9136	Orchard	8	1/20	W	5:45p-6:30p	\$27

### Beginning (ages 4-8)

9141	Woodard Annex	6	1/20	W	7:00p-7:45p	\$20
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### Intermediate (ages 4-8)

9138	Edgemoor	6	1/25	M	6:40p-7:25p	\$20
9139	Linwood	14	1/25	M	6:15p-7:00p	\$47
9140	Orchard	8	1/20	W	6:40p-7:25p	\$27





## Hip Hop for Tots

Cut loose! Learn rhythm, movement and direction. Improve coordination and self-expression through movement, games, choreography and fun freestyle dance. Ages 3-5.

Code	Location	Classes	Begins	Day	Time	Fee
9228	Woodard Annex	5	1/25	M	6:30p-7:00p	\$11
9227	Woodard Annex	5	1/21	Th	6:30p-7:00p	\$11



## Performing Tots

Step into the spotlight! Discover creative expression with instruments, singing, dancing, theatre games and improvisation. Tempo, rhythm and melody will also be explored. Ages 3-5.

Code	Location	Classes	Begins	Day	Time	Fee
9277	Woodard Annex	5	1/19	Tu	10:00a-10:45a	\$19

## Sports & Fitness

### Basketball Clinic

Nothing but net! Learn to dribble, pass and shoot through fun drills and activities. Ages 3-5.

Code	Location	Classes	Begins	Day	Time	Fee
9144	Boston	3	1/25	M	5:00p-5:45p	\$11
9145	Edgemoor	4	1/22	F	5:15p-6:00p	\$15
9146	Edgemoor	4	2/19	F	5:15p-6:00p	\$15
9147	Orchard	5	1/20	W	9:00a-9:45a	\$18
9148	Orchard	5	1/22	F	9:00a-9:45a	\$18
9149	Woodard	4	1/25	M	6:00p-6:45p	\$15



### Floor Hockey

The puck stops here! Learn the basics of stick handling, passing and shooting in fun game-like situations. Ages 3-5.

Code	Location	Classes	Begins	Day	Time	Fee
9204	Edgemoor	4	2/17	W	5:15p-6:00p	\$15

## Boxing for Tots

Earn your golden gloves! This fun, no-contact class is designed for tots. Punching bags, speed bags and punching mitts are used. Boxing gloves provided or bring your own. Ages 4-7.

Code	Location	Classes	Begins	Day	Time	Fee
9171	Woodard Annex	5	1/19	Tu	5:30p-6:00p	\$12
9172	Woodard Annex	5	1/21	Th	5:30p-6:00p	\$12

## Cheerleading

Rah-Rah-Rah! Show team spirit while learning jumps and cheers. This class is a blast for tiny cheerleaders! Ages 3-5.

Code	Location	Classes	Begins	Day	Time	Fee
9174	Evergreen	6	1/25	M	6:15p-7:00p	\$20
9175	Linwood	8	1/20	W	6:15p-7:00p	\$27

## Football Clinic

Touchdown! This class teaches the fundamentals of football including passing and receiving techniques along with the rules of football. Held indoors. Ages 3-5.

Code	Location	Classes	Begins	Day	Time	Fee
9205	Boston	4	1/20	W	5:15p-6:00p	\$15



## Fun with Games **NEW!**

It's child's play! Tots will enjoy simple games with simple rules that develop social skills like taking turns and listening. Run, skip, hop and move with interactive games such as freeze tag, obstacle course challenges, parachute games and more! Ages 3-5.

Code	Location	Classes	Begins	Day	Time	Fee
9110	Orchard	5	1/20	W	10:00a-10:45a	\$18
9109	Orchard	5	1/22	F	10:00a-10:45a	\$18

## Gymnastics

Get ready to roll! Tumbling floor moves include various rolls, head stands, hand stands, pikes, tucks and back bends. Apparatus work such as balance beam, parallel bars and vaulting techniques are also incorporated. Ages 3-5.

Code	Location	Classes	Begins	Day	Time	Fee
9220	Boston	8	1/23	Sa	9:00a-9:45a	\$28
9221	Evergreen	8	1/20	W	5:30p-6:15p	\$28



## It's Game Time

Apply your skills and put them to use in a team setting. Players are divided into teams to play structured games. Players must have basic skills before registering. Ages 3-5.

### Basketball

Code	Location	Classes	Begins	Day	Time	Fee
9233	Woodard	5	1/21	Th	6:00p-6:45p	\$18

### Football

Code	Location	Classes	Begins	Day	Time	Fee
9236	Woodard	5	1/20	W	6:00p-6:45p	\$18
9237	Woodard	4	1/23	Sa	10:30a-11:15a	\$15

### Soccer

Code	Location	Classes	Begins	Day	Time	Fee
9239	Woodard	5	1/19	Tu	6:00p-6:45p	\$18

## Mommy and Me Yoga

The downward facing dog says woof woof! Story time, fun music and yoga based games will bring yoga poses to life and strengthen the toddlers' growing bodies. This parent/child class teaches stress management for the adult and calming techniques for the child. No online registration. Ages 2-4.

Code	Location	Classes	Begins	Day	Time	Fee
9266	Evergreen	6	1/19	Tu	10:00a-10:45a	\$18
9267	Linwood	6	1/21	Th	10:45a-11:30a	\$18

## Playtime for Toddlers

Run, jump and play! Enjoy toys, scooters, playground balls and other equipment. Parental supervision required. Fee is per child; free for the parent. Boston fee is per visit; Orchard fee is per session. Ages 1-5.

Code	Location	Classes	Begins	Day	Time	Fee
9285	Boston	22	1/19	M/Tu/W	10:30a-12:30p	\$1
9286	Orchard	8	1/22	F	12:00p-1:30p	\$8

## Soccer Clinic

Go toe-to-toe! Tots will learn soccer basics including offensive and defensive strategies. Classes are held indoors. Ages 3-5.

Code	Location	Classes	Begins	Day	Time	Fee
9298	Boston	3	2/22	M	5:00p-5:45p	\$11
9295	Edgemoor	4	1/20	W	5:15p-6:00p	\$15
9296	Evergreen	5	1/25	M	5:15p-6:00p	\$18

## Sports of All Sorts

Play ball! Build confidence and learn teamwork while participating in a variety of sports including soccer, T-ball, and basketball. Games are non-competitive and fun! Ages 3-5.

Code	Location	Classes	Begins	Day	Time	Fee
9313	Boston	4	2/17	W	5:15p-6:00p	\$15
9314	Edgemoor	4	1/24	Su	1:00p-1:45p	\$15
9315	Edgemoor	4	2/21	Su	1:00p-1:45p	\$15
9316	Orchard	5	1/20	W	11:00a-11:45a	\$18
9317	Orchard	5	1/22	F	11:00a-11:45a	\$18

## T-Ball Clinic

Hey batter, batter... swing! Develop throwing, catching and base running skills along with hitting off a tee. A Softy T-ball is used. Also enjoy game play to help reinforce fundamentals. Gloves provided or bring your own. Class held indoors. Ages 3-5.

Code	Location	Classes	Begins	Day	Time	Fee
9117	Woodard	5	1/25	M	6:00p-6:45p	\$18
9116	Woodard	5	1/22	F	6:00p-6:45p	\$18

## Tennis

Hit the court! This introduction to tennis teaches proper grips and swings while performing fun drills. Class held indoors. Ages 4-7.

Code	Location	Classes	Begins	Day	Time	Fee
9335	Linwood	5	1/19	Tu	5:15p-6:00p	\$18



## Tiny Tumblers

Roll out the good times! Practice tumbling moves such as rolls, back bends and head stands. Improve balancing techniques with fun activities and a balance beam. Ages 3-5.

Code	Location	Classes	Begins	Day	Time	Fee
<b>Ages 2-3</b>						
9344	Woodard	8	1/20	W	5:30p-6:00p	\$18
9346	Woodard	8	1/23	Sa	10:00a-10:30a	\$18
<b>Ages 3-5</b>						
9342	Linwood	8	1/20	W	5:30p-6:15p	\$26
9343	Orchard	8	1/22	F	9:15a-10:00a	\$26
<b>Ages 4-6</b>						
9345	Woodard	8	1/23	Sa	10:30a-11:15a	\$26





## Martial Arts

### Kickin' Kids Karate

Be a Karate kid! Learn Okinawan Goju Ryu Karate through fun drills that focus on balance, coordination, listening, cooperation, respect and teamwork. Practice no-contact punches and low kicks. Ages 4-7.

Code	Location	Classes	Begins	Day	Time	Fee
9251	Boston	8	1/19	Tu	6:45p-7:45p	\$32



### Wee Warriors

Kick it up a notch! Learn courtesy and respect through Tae Kwon Do traditions such as bowing, shaking hands and listening to instructions. Improve strength, agility and self-confidence through fun drills, punches, blocks and kicks. Ages 3-5.

Code	Location	Classes	Begins	Day	Time	Fee
<b>Beginning</b>						
9367	Linwood	6	1/25	M	5:45p-6:15p	\$14
9370	Orchard	6	1/25	M	5:45p-6:15p	\$14
9369	Orchard	6	1/20	W	5:45p-6:15p	\$14
<b>Intermediate</b>						
9368	Linwood	6	1/27	W	5:45p-6:15p	\$14

## Arts & Crafts

### Color Your World

Be bold! Budding artists will work with tempera and watercolor paint to create masterpieces. Learn how to apply brush strokes and use sponges, stencils and crayons. Ages 5-10.

Code	Location	Classes	Begins	Day	Time	Fee
9187	Edgemoor	4	1/23	Sa	10:30a-11:30a	\$20

### Kids Drawing

Anyone can learn to draw! Discover how to create simple cartoon characters by breaking down drawings into simple shapes. Ages 5-10.

Code	Location	Classes	Begins	Day	Time	Fee
9252	Edgemoor	4	2/20	Sa	10:30a-11:30a	\$20

### Little Artists

Calling all little Picassos! Create art using crayons, paints, clay and other mediums. Make a new project each class. Ages 3-5.

Code	Location	Classes	Begins	Day	Time	Fee
9255	Edgemoor	4	1/23	Sa	9:30a-10:15a	\$15
9256	Edgemoor	4	2/20	Sa	9:30a-10:15a	\$15

## Special Interest

### 1-2-3 and A-Z

Get a jump on kindergarten! Learn the alphabet and numbers through games, songs and counting activities. Kids will practice simple math as well as writing their names. Ages 3-5.

Code	Location	Classes	Begins	Day	Time	Fee
9118	Woodard Annex	5	1/19	Tu	11:00a-11:45a	\$21

### American Sign Language **NEW!**

Now you're talking! Tots will have another way of communicating what they want after learning common sign language gestures. Learn to sign words and phrases such as thank you, please, hungry, happy and more. Ages 4-7.

Code	Location	Classes	Begins	Day	Time	Fee
9403	Woodard	5	1/25	M	5:30p-6:00p	\$13
9126	Woodard	5	1/21	Th	5:30p-6:00p	\$13



### Little Chefs

Let's make a treat! Create yummy snacks while learning kitchen etiquette. Lynette Woodard will make mug muffins, pepperoni pizza, stuffed strawberries and smoothies. Linwood will make pancakes, applesauce, spaghetti, soup and cookies. Ages 3-5.

Code	Location	Classes	Begins	Day	Time	Fee
9257	Linwood	5	1/19	Tu	5:30p-6:15p	\$23
9258	Woodard Annex	4	1/20	W	5:30p-6:15p	\$18
9260	Woodard Annex	4	1/23	Sa	9:30a-10:15a	\$18

### Princess Tea Party

Live happily ever after! Arrive in your princess costume and create an elegant craft, plus join in regal party games. Then attend the royal tea and dine on scrumptious finger sandwiches, punch and cupcakes. Ages 3-6.

Code	Location	Classes	Begins	Day	Time	Fee
9287	Linwood	1	2/6	Sa	10:00a-11:30a	\$17

# 4

**WAYS TO REGISTER:**  
Online, by phone, by mail  
or in person - see page 35.

# Dance & Music

## Ballet & Tap

Whirl and twirl and tap your happy feet! First time dancers will learn basic ballet/tap movements, rhythms and mini-combinations. Intermediate and advanced classes are more progressive and require instructor approval or previous experience.

Code	Location	Classes	Begins	Day	Time	Fee
<b>Beginning (ages 4-6)</b>						
9141	Woodard Annex	6	1/20	W	7:00p-7:45p	\$20
<b>Intermediate (ages 4-8)</b>						
9138	Edgemoor	6	1/25	M	6:40p-7:25p	\$20
9139	Linwood	14	1/25	M	6:15p-7:00p	\$47
9140	Orchard	8	1/20	W	6:40p-7:25p	\$27

## Drums Private Lessons

Feel the beat! Learn proper grip, stroke technique, rhythms, patterns and different drumming style on snare drums and a drum kit. No online registration. Contact Woodard Recreation Center for lesson availability and to register. Fee is \$13 per 30-minute lesson. Ages 7+.



## Guitar Made Easy

Keep calm and play on! Beginners learn guitar basics including tuning, strumming, understanding guitar charts, tablature and reading music. Guitars are provided during this class so you can see if it is right for you! Additional on-site practice times are available at no extra charge. Ages 8-15.

Code	Location	Classes	Begins	Day	Time	Fee
9218	Linwood	8	1/19	Tu	5:30p-6:30p	\$33
9219	Linwood	8	1/19	Tu	6:30p-7:30p	\$33

## Guitar Private Lessons

Play like a rock star! Learn basic mechanics, chords, scales, notes, tuning, reading music and tablature. Learn to play all styles of music. Purchase of book is required after the first lesson. Amp and acoustic or electric guitar are available or bring your own. No online registration. Contact Woodard Recreation Center for lesson availability and to register. Fee is \$13 per 30-minute lesson. Ages 7+.



## Hip Hop Dance

Drop it like it's HOT! Learn the hottest dance routines and get your groove on while focusing on body placement, dance combinations and rhythms. Ages 6-12.

Code	Location	Classes	Begins	Day	Time	Fee
9225	Evergreen	7	1/23	Sa	10:00a-10:45a	\$24
9226	Woodard Annex	5	1/21	Th	7:00p-7:45p	\$17

## Mandolin Private Lessons

Don't fret! These lessons cover posture, basic techniques, reading music and chord formation. No online registration. Contact Evergreen Recreation Center for lesson availability and to register. Fee is \$13 per 30-minute lesson. Ages 6+.



## Piano Private Lessons

Let your fingers do the walking! Begin with the foundations of piano including notes, chords, staff, rhythm, phrasing and dynamics. Purchase of selected piano book required after first session. No online registration. Contact Woodard Recreation Center for lesson availability and to register. Fee is \$13 per 30-minute lesson. Ages 7+.



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# Sports & Fitness

## Basketball Clinic

Dribble, shoot and score! This clinic teaches fundamentals, rules and offensive/defensive strategies.

Code	Location	Classes	Begins	Day	Time	Fee
<b>Ages 6-10</b>						
9150	Edgemoor	4	1/22	F	6:10p-6:55p	\$15
9155	Woodard	5	1/25	M	6:45p-7:30p	\$18

### Ages 6-12

9153	Evergreen	5	2/13	Sa	10:00a-10:45a	\$18
9154	McAdams	6	1/23	Sa	9:30a-10:15a	\$22

## Basketball for Teens

You've got game! Whether you're new to hoops or you have some experience, we'll help take your skills to the next level. Learn fundamentals through drills and 3-on-3 game play. Ages 13-17.

Code	Location	Classes	Begins	Day	Time	Fee
9156	McAdams	5	1/23	Sa	10:30a-11:15a	\$22

## Boxing Private Lessons

One-on-one training is the fastest way to improve your boxing skills and experience a dynamic workout!

- \$15 per 30-minute private lesson.
- By appointment only.
- Ages 6+.
- Held at Lynette Woodard Annex.
- Contact Lynette Woodard Recreation Center for schedule and to register.
- No membership required!



## Boxing Basics

Become a contender! Learn boxing techniques and discipline while burning energy. This no-contact class uses punching bags, speed bags and punching mitts. Boxing gloves provided or you may bring your own. Ages 8-15.

Code	Location	Classes	Begins	Day	Time	Fee
<b>Beginning</b>						
9169	Woodard Annex	5	1/19	Tu	6:00p-6:45p	\$17
<b>Intermediate</b>						
9170	Woodard Annex	5	1/19	Tu	6:45p-7:30p	\$17

## Cheerleading

Ready? Ok! Show your team spirit while learning jumps and cheers. This class is a blast for cheerleaders! Ages 6-12.

Code	Location	Classes	Begins	Day	Time	Fee
9176	Evergreen	6	1/25	M	7:05p-7:50p	\$20
9177	Linwood	8	1/20	W	7:00p-7:45p	\$27



## Gymnastics

Kids will flip for this! Learn rolls, cartwheels, round-offs, walkovers and handsprings. Includes gymnastic apparatus work includes balance beam, parallel bars and vault. Ages 6-12.

Code	Location	Classes	Begins	Day	Time	Fee
<b>Beginning</b>						
9224	Evergreen	8	1/20	W	6:30p-7:15p	\$27
9222	Boston	8	1/23	Sa	10:00a-11:00a	\$36
<b>Intermediate</b>						
9223	Boston	8	1/23	Sa	11:00a-12:00p	\$36

## Homeschool Playtime Bonanza

Jump, run and have some fun! Recreation equipment is provided. Parent must accompany child. Fee is per family or drop in for \$4. Ages 6-15.

Code	Location	Classes	Begins	Day	Time	Fee
9230	Edgemoor	8	1/21	Th	1:30p-3:00p	\$16

**WICHITA ICE CENTER**  
SKATE PLAY CHILL

**JANUARY IS GREAT TO SKATE MONTH**

Check us out during these open house dates:

- January 2, January 5 & January 9.
- Classes and exhibitions!

**LEARN TO SKATE**

Two winter sessions are available during January & February. Lessons for beginner to advanced skaters of all ages. Registration includes 6 free public skate sessions.

**LEARN TO PLAY HOCKEY**

Beginning players will improve their skills before playing in a league. For kids and adults - most equipment available with registration.

Visit [WICHITAICECENTER.COM](http://WICHITAICECENTER.COM) for session dates and times



## It's Game Time

Apply your skills and put them to use in a team setting. Players are divided into teams to play structured games. Players must have basic skills before registering. Ages 6-10.

### Basketball

Code	Location	Classes	Begins	Day	Time	Fee
9235	Edgemoor	4	2/19	F	6:10p-6:55p	\$15
9234	Woodard	5	1/21	Th	6:45p-7:30p	\$18

### Football

Code	Location	Classes	Begins	Day	Time	Fee
9238	Woodard	5	1/20	W	6:45p-7:30p	\$18

### Soccer

Code	Location	Classes	Begins	Day	Time	Fee
9240	Edgemoor	4	2/18	Th	5:15p-6:00p	\$15
9241	Woodard	5	1/21	Th	6:45p-7:30p	\$18

### Soccer Clinic

Get your kicks! Beginning players are introduced to soccer basics including offensive and defensive strategies. Classes are held indoors.

Code	Location	Classes	Begins	Day	Time	Fee
<b>Ages 6-10</b>						
9299	Edgemoor	4	1/21	Th	5:15p-6:00p	\$15
<b>Ages 6-12</b>						
9300	Evergreen	7	1/21	Th	5:30p-6:15p	\$26
9301	Woodard	5	1/19	Tu	6:45p-7:30p	\$18



### Sports of All Sorts

Have a ball! Get introduced to the fundamentals of various sports including soccer, T-ball, and basketball. Recreational games will build confidence and stress teamwork. Ages 6-10.

Code	Location	Classes	Begins	Day	Time	Fee
9318	Edgemoor	4	1/24	Su	2:00p-2:45p	\$15
9319	Edgemoor	4	2/21	Su	2:00p-2:45p	\$15



### Softball Hitting & Pitching Clinic **NEW!**

Smash it out of the ballpark! Improve your fast-pitch fundamentals in a small group setting. Hitting drills focus on grip, swing, balance and follow-through. Stance, speed and ball control is emphasized for pitching. Provide your own catcher if possible, at no extra fee. Held indoors. Ages 6-14.

Code	Location	Classes	Begins	Day	Time	Fee
9115	Woodard	5	1/22	F	6:45p-7:30p	\$18

## Martial Arts

### Chinese Internal Boxing for Self-Defense **NEW!**

Give yourself a fighting chance! Learn how to stop an attack. Slow, repetitive movements reinforce skills such as locks, compliance techniques, strikes and kicks. Flexibility, stretching and strengthening exercises are incorporated. A great family class. Ages 8+; parent must enroll and participate with kids ages 8-11.

Code	Location	Classes	Begins	Day	Time	Fee
9107	Linwood	6	1/25	M	7:00p-8:15p	\$19

### Chinese Internal Boxing

Go on the defensive! Practice advanced techniques in boxing, kicking and self-defense. Must receive instructor approval before taking this class. Ages 12+.

Code	Location	Classes	Begins	Day	Time	Fee
9178	Linwood	6	1/25	M	5:30p-6:45p	\$19

pool season passes  
early bird discount!!

BUY EARLY - SAVE \$\$\$

Individual: \$40 (save \$10)

Family of 4: \$130 (save \$20)

Passes go on sale January 2

Contact Watson Park at 529.9940





## Jiu-Jitsu

It's too jiu-jit to quit! This weaponless grappling martial art uses take-downs, throws, sweeps and submissions. Ground fighting techniques are used and focus is on fundamentals such as escapes, positioning and self-defense. Ages 6-13.

Code	Location	Classes	Begins	Day	Time	Fee
<b>Beginning</b>						
9247	Evergreen	8	1/23	Sa	10:00a-11:00a	\$24
<b>Advanced</b>						
9246	Evergreen	12	1/19	Tu/Th	6:00p-7:00p	\$36
9248	Evergreen	10	3/1	Tu/Th	6:00p-7:00p	\$30

## Karate

Kick it! Receive instruction in Okinawan Goju Ryu Karate through drills and forms that involve punching, blocking, kicking, stretching and self-defense. Belt advancement opportunities available. Ages 7+.

Code	Location	Classes	Begins	Day	Time	Fee
9250	Boston	8	1/19	Tu	7:45p-8:45p	\$24

## Kickin' Kids Karate

Be a Karate kid! Fun drills focus on balance, coordination, listening, cooperation, respect and teamwork. Practice no-contact punches and low kicks. Ages 4-7.

Code	Location	Classes	Begins	Day	Time	Fee
9251	Boston	8	1/19	Tu	6:45p-7:45p	\$32



## Self-Defense Workshop

Protect yourself! Learn various techniques to use when attacked such as pressure points, blocks, kicks and punches. Expect some hand-to-hand contact while practicing these control methods.

Code	Location	Classes	Begins	Day	Time	Fee
<b>Ages 6+</b>						
9289	Evergreen	1	1/30	Sa	10:00a-12:00p	\$9
9291	Orchard	1	2/6	Sa	9:00a-12:00p	\$14
<b>Ages 8+</b>						
9290	Linwood	1	1/23	Sa	9:00a-12:00p	\$14

## Tae Kwon Do

Work your way up the martial arts ladder! Develop physical agility and self-discipline while learning respect for yourself and others. Belt advancement opportunities are available. Ages 6+.

Code	Location	Classes	Begins	Day	Time	Fee
<b>Beginning</b>						
9322	Edgemoor	16	1/19	Tu/Th	6:15p-7:15p	\$48
9324	Evergreen	16	1/19	Tu/Th	6:30p-7:30p	\$48
9325	Linwood	14	1/21	M/Th	6:45p-7:45p	\$42
9327	Orchard	14	1/20	M/W	6:15p-7:15p	\$42
<b>Intermediate</b>						
9323	Edgemoor	16	1/19	Tu/Th	7:15p-8:15p	\$48
9326	Linwood	14	1/21	M/Th	7:45p-8:45p	\$42
9328	Orchard	14	1/20	M/W	7:15p-8:15p	\$42

## Arts & Crafts



### Abstract Watercolor **NEW!**

Rules don't matter, but creativity does! Learn about color, mixing, layering and textures to create interesting and unique watercolor images with depth. Ages 6-10.

Code	Location	Classes	Begins	Day	Time	Fee
9100	Evergreen	4	1/25	M	6:45p-7:45p	\$15

### Art Journaling **NEW!**

Express yourself! Combining art and words to convey your thoughts is like making a comic book of your life. Learn creative ways to produce sketches that capture interesting or memorable moments of your life. Ages 6-12.

Code	Location	Classes	Begins	Day	Time	Fee
9101	Evergreen	8	1/23	Sa	9:00a-10:00a	\$39

**THINK TWICE!  
STAY OFF THE ICE!**





### Cartooning Basics

Draw great cartoon characters! Grab a pencil and come learn how to use basic shapes to create cartoon people, animals or objects. Practice using shading, shadowing, contouring and other drawing elements to bring your cartoons to life. Ages 7-14.

Code	Location	Classes	Begins	Day	Time	Fee
9173	Linwood	4	1/21	Th	5:45p-7:00p	\$24

### Color Your World

Be bold! Budding artists will work with tempera and watercolor paint to create masterpieces. Learn how to apply brush strokes and use sponges, stencils and crayons. Ages 5-10.

Code	Location	Classes	Begins	Day	Time	Fee
9187	Edgemoor	4	1/23	Sa	10:30a-11:30a	\$20

### Create a Comic Strip

Zap! Wham! Pow! Learn the whole process of making a comic book from creating and designing your characters, writing a script and finalizing your storyboard. Ages 7-14.

Code	Location	Classes	Begins	Day	Time	Fee
9197	Linwood	4	2/18	Th	5:45p-7:00p	\$24

### Crochet Basics

Get hooked! Kids will learn about yarn, crochet tools, basic chain stitches and techniques to create a scarf. A great way to learn to make gifts for family and friends. Ages 8-15.

Code	Location	Classes	Begins	Day	Time	Fee
9199	Orchard	3	2/11	Th	6:00p-8:00p	\$24



### Decorative Leather Carving **NEW!**

Carve up some fun! Skills learned to customize your leather projects include leather preparation, transferring patterns, stitching, stamping and finishing techniques. Craft a trading card holder and a wallet. All materials provided. Ages 10+.

Code	Location	Classes	Begins	Day	Time	Fee
9094	Edgemoor	6	1/25	M	6:15p-7:45p	\$54

### Kids Drawing

Anyone can learn to draw! Discover how to create simple cartoon characters by breaking down drawings into simple shapes. Ages 5-10.

Code	Location	Classes	Begins	Day	Time	Fee
9252	Edgemoor	4	2/20	Sa	10:30a-11:30a	\$20

## Cooking



### Bake Masters

Become a master mixer! Review baking basics, safety, the art of reading a recipe and assembling the ingredients. Create delicious baked goods such as cookies, homemade pop tarts, fruit pizza and cupcakes. Registration deadline is noon, the Friday before class.

Code	Location	Classes	Begins	Day	Time	Fee
<b>Ages 6-12</b>						
9131	Evergreen	4	2/20	Sa	10:00a-11:30a	\$41
<b>Ages 6+</b>						
9104	Evergreen	4	1/23	Sa	10:00a-11:30a	\$41





## Delish Dinners & Desserts

Put on your chef's hat! Make a main dish from scratch and top it off with dessert! Learn measuring, utensil use and kitchen safety. Some supplies provided, ask for details. Registration deadline is noon, the Thursday before class. Ages 6-12.

Code	Location	Classes	Begins	Day	Time	Fee
9200	Orchard	4	2/6	Sa	10:00a-12:00p	\$35

## Junior Chefs

Cook up some fun! Learn food preparation, keeping a clean and safe workspace and table setting. Prepare pepperoni calzones, mug muffins, smoothies and frozen fruit yogurt bark. Registration deadline is noon, the Tuesday before class. Ages 6-10.

Code	Location	Classes	Begins	Day	Time	Fee
9249	Woodard Annex	4	1/20	W	6:30p-7:15p	\$20

## Valentine Sweet Treats

The best Valentine's greeting for your special someone. Make and decorate heart-shaped Rice Krispie Treats dipped in chocolate along with heart-shaped cookies. Registration deadline is noon, the Friday before class. Ages 6-12.



Code	Location	Classes	Begins	Day	Time	Fee
9358	Evergreen	1	2/6	Sa	12:00p-1:00p	\$8

## Special Interest

### American Sign Language

Let your hands do the talking! We'll teach fingerspelling skills to sign the alphabet and simple words and phrases. Students in 8-15 year old class must purchase the textbook "American Sign Language: Basic Signing Made Easy."

Code	Location	Classes	Begins	Day	Time	Fee
<b>Ages 4-7</b>						
9403	Woodard	5	1/25	M	5:30p-6:00p	\$13
9126	Woodard	5	1/21	Th	5:30p-6:00p	\$13
<b>Ages 8-15</b>						
9129	Woodard	5	1/25	M	6:00p-6:45p	\$14
9128	Woodard	6	1/20	W	5:30p-6:15p	\$17

### Webelos Adventure: First Responder

Get ready for an emergency! You'll learn basic first aid skills and tips on how to handle emergencies to complete the requirements for your Readyman badge.

Code	Location	Classes	Begins	Day	Time	Fee
9362	Watson	1	2/6	Sa	8:30a-10:00a	\$6

## Academics

### Private Tutoring: Math

Too embarrassed or nervous to ask the teacher to explain the problem again? These one-on-one lessons are perfect to ensure academic success at any age and any level. Instructor is proficient in all subjects along with ACT/SAT Math preparation. No online registration. Register directly at Lynette Woodard Recreation Center.

- Ages 6+.
- \$13 for 30 minutes or \$25 for one hour.
- Available Monday-Wednesday from 5:30p-7:30p.



### Group Tutoring

Make this school year the best! This small group tutoring time helps give students that extra push to help them succeed in the classroom. Educators will work with students to master their daily classwork and help prepare them for tests.

### History (ages 13-17)

Code	Location	Classes	Begins	Day	Time	Fee
9353	McAdams	5	1/21	Th	5:30p-6:15p	\$14

### Math

Code	Location	Classes	Begins	Day	Time	Fee
<b>Ages 6-17</b>						
9354	Edgemoor	6	1/25	M	5:00p-5:45p	\$17
9355	McAdams	5	1/19	Tu	5:30p-6:15p	\$14

### Ages 13-17

9356	McAdams	5	1/19	Tu	6:30p-7:15p	\$14
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### Science (ages 13-17)

Code	Location	Classes	Begins	Day	Time	Fee
9357	McAdams	5	1/19	Tu	7:30p-8:15p	\$14



**REGISTER EARLY  
CLASSES FILL FAST!**

# ONE WEEK FREE!

Visit all four fitness centers for **FREE** from January 4-8 and register at each location to win a **ONE MONTH MEMBERSHIP!**

A certified fitness trainer will rotate between centers throughout the week to provide:

- BMI checks
- Fitness tips
- Proper machine techniques

Visit [Wichita.gov/ParkandRec](http://Wichita.gov/ParkandRec)

## READY FOR THAT MEMBERSHIP?

### Evergreen, Linwood and Orchard:

\$15/month per person

\$5 for each additional person in the same household

### Lynette Woodard:

\$10/month per person

\$5 for each additional person in the same household

### Drop-in fees:

\$4 per visit at Linwood & Orchard;

\$2 at Evergreen and Lynette Woodard

## PERSONAL FITNESS TRAINING AVAILABLE!

Work one-on-one with an ACE certified personal trainer!

Contact Orchard Recreation Center for more information.

Four locations serving a neighborhood near you!

### EVERGREEN FITNESS CENTER | 303.8036

Mon-Thurs: 9am-7pm

Fri: 9am-5pm

### LYNETTE WOODARD FITNESS CENTER | 303.8015

Mon-Thurs: 3pm-6pm

Fri: 3pm-5pm

### LINWOOD FITNESS CENTER | 337.9191

Mon-Thurs: 8am-8pm

Fri: 8am-6pm

Sat: 10am-noon

### ORCHARD FITNESS CENTER | 337.9244

Mon-Fri: 8am-8pm





# Fitness

## 30-Minute Circuit

Devote just 30 minutes to a whole new you! Build strength, endurance and balance while rotating through 8-10 stations.

Code	Location	Classes	Begins	Day	Time	Fee
9119	Orchard	16	1/19	Tu/Th	7:00a-7:30a	\$28



## Aerobics - Cardio Mix

Mix it up! Revamp your fitness routine with a mix of kickboxing, step, floor and boot camp exercises. Tackle your abs and back to build strength and endurance. Cardio segments vary each class.

Code	Location	Classes	Begins	Day	Time	Fee
9121	Boston	8	1/19	Tu	5:30p-6:30p	\$25

## Aerobics - Step

Rise to the challenge! Tone up, burn calories and get a great cardio workout using step platforms. Cardio work is followed by strength training with weights and floor exercises.

Code	Location	Classes	Begins	Day	Time	Fee
9123	Linwood	6	1/25	M	5:30p-6:15p	\$14
9122	Orchard	14	1/20	M/W	6:35p-7:20p	\$33

## Balance Circuit

Commit to be fit! Burn up to two times more calories than most strength training workouts by improving core stability and strength. Target all muscle groups with the use of various training tools. Fitness center membership included.

Code	Location	Classes	Begins	Day	Time	Fee
9132	Orchard	8	1/23	Sa	9:15a-10:00a	\$28

## Barre Fitness

Raise the barre! Get lean, sculpted muscles like dancers have using ballet moves that focus on legs, glutes and core. Use the ballet barre for balance during high-rep, small range-of motion strength training. Includes some floor work and light weights.

Code	Location	Classes	Begins	Day	Time	Fee
9151	Woodard Annex	6	1/20	W	6:15p-7:00p	\$14
9152	Woodard Annex	6	1/23	Sa	9:00a-9:45a	\$14

## Circuit Training

Feel the burn! This is a high intensity, fast paced workout with short rest periods between each segment. Cardio endurance, power and agility exercises target all major muscle groups. Fitness Center membership included for Orchard and Linwood.

Code	Location	Classes	Begins	Day	Time	Fee
9183	Edgemoor	6	1/25	M	11:00a-11:45a	\$14
9181	Edgemoor	8	1/20	W	11:00a-11:45a	\$19
9182	Edgemoor	8	1/22	F	11:00a-11:45a	\$19
9179	Linwood	8	1/21	Th	6:00p-7:00p	\$38
9180	Orchard	8	1/23	Sa	8:00a-9:00a	\$38

## Core and More

Work on that six pack! This class targets the upper and lower abdominals, obliques, transverse and back muscles which supply power and support to the entire body.

Code	Location	Classes	Begins	Day	Time	Fee
9190	Edgemoor	6	1/25	M	9:00a-9:45a	\$14
9188	Edgemoor	8	1/20	W	9:00a-9:45a	\$19
9189	Edgemoor	8	1/22	F	9:00a-9:45a	\$19
9191	Linwood	6	1/25	M	6:30p-7:00p	\$11

## Fitness 101

Enjoy a fitness program designed just for you in a group setting for more motivation! Instructor will customize your workout and track your progress. Cardio machines and weights are used. Fitness Center membership included.

Code	Location	Classes	Begins	Day	Time	Fee
9203	Orchard	16	1/19	Tu/Th	5:30p-6:15p	\$56



## Mommy and Me Yoga

The downward facing dog says woof woof! Story time, fun music and yoga based games will bring yoga poses to life and strengthen the toddlers' growing bodies. This parent/child class teaches stress management for the adult and calming techniques for the child. No online registration. Ages 2-4.

Code	Location	Classes	Begins	Day	Time	Fee
9266	Evergreen	6	1/19	Tu	10:00a-10:45a	\$18
9267	Linwood	6	1/21	Th	10:45a-11:30a	\$18

## Hip Hop Step

Let's get down! The energizing music provides an intense, yet fun cardiovascular workout as you step on and off the platform while incorporating basic Hip Hop movements. Fee is per visit.

Code	Location	Classes	Begins	Day	Time	Fee
9229	McAdams	9	1/22	F	6:30p-7:30p	\$4

## On A Roll

It's the benefit of a massage without the big price tag! Foam rollers help loosen muscle tightness for increased mobility, muscle performance and flexibility. Added benefits include improved core stability, strength and balance.

Code	Location	Classes	Begins	Day	Time	Fee
9272	Orchard	8	1/19	Tu	10:30a-11:15a	\$28
9273	Orchard	8	1/21	Th	10:30a-11:15a	\$28
9274	Orchard	8	1/23	Sa	10:15a-11:00a	\$28



## Stretch & Flex **NEW!**

Stretch the limits! This classical stretch workout helps relieve muscle tension along with improving flexibility, balance, blood circulation and range of motion in your joints. A must for those just starting out or are returning to exercise, sit all day or engage in a lot of physical activities.

Code	Location	Classes	Begins	Day	Time	Fee
9098	Edgemoor	6	1/25	M	10:00a-10:45a	\$14
9099	Edgemoor	8	1/20	W	10:00a-10:45a	\$19
9097	Edgemoor	8	1/22	F	10:00a-10:45a	\$19

## Weight Training for Women

Develop a rock hard body in a non-intimidating environment! Challenge all your muscle groups as you learn free weight exercises and the correct technique for using weights.

Code	Location	Classes	Begins	Day	Time	Fee
9371	Linwood	8	1/19	Tu	6:00p-6:45p	\$19



**Try a fitness  
class for \$4!**  
No advance registration!

## Tai Chi for Health

Find inner peace by practicing a series of gentle, flowing postures and movements to improve balance, coordination and relieve stress.

Code	Location	Classes	Begins	Day	Time	Fee
<b>Beginning</b>						
9329	Edgemoor	8	1/19	Tu/Th	11:00a-11:45a	\$19
9330	Edgemoor	8	2/16	Tu/Th	11:00a-11:45a	\$19
9331	Evergreen	8	1/19	Tu/Th	6:00p-6:45p	\$19
9332	Evergreen	8	2/16	Tu/Th	6:00p-6:45p	\$19
9333	Orchard	16	1/19	Tu/Th	10:00a-10:45a	\$38
<b>Intermediate</b>						
9494	Evergreen	8	1/19	Tu/Th	6:00p-6:45p	\$19
9495	Evergreen	8	2/16	Tu/Th	6:00p-6:45p	\$19
9334	Orchard	16	1/19	Tu/Th	11:00a-11:45a	\$38

## Total Body Workout

Go from flab to fab! This class features cardio and strength training with hand-held weights, bands, balls and body resistance. Core work included.

Code	Location	Classes	Begins	Day	Time	Fee
9347	Edgemoor	8	1/19	Tu	10:00a-10:45a	\$19
9348	Edgemoor	8	1/21	Th	10:00a-10:45a	\$19



## Yoga

Stretch, breathe, focus, relax! Improve health and posture and practice precision and alignment by holding poses. Props may be used. Personal floor mats encouraged.

Code	Location	Classes	Begins	Day	Time	Fee
9375	Boston	6	1/25	M	9:00a-10:15a	\$24
9376	Boston	6	1/25	M	6:00p-7:15p	\$24
9373	Boston	8	1/20	W	9:00a-10:15a	\$32
9374	Boston	8	1/20	W	6:00p-7:15p	\$32
9381	Edgemoor	6	1/25	M	9:45a-10:45a	\$19
9377	Edgemoor	8	1/19	Tu	5:45p-6:45p	\$25
9378	Edgemoor	8	1/19	Tu	7:00p-8:00p	\$25
9379	Edgemoor	8	1/20	W	9:45a-10:45a	\$25
9380	Edgemoor	8	1/21	Th	6:00p-7:00p	\$25
9382	Evergreen	8	1/20	W	6:00p-7:00p	\$25
9383	Linwood	8	1/21	Th	9:30a-10:30a	\$25
9384	Linwood	8	1/21	Th	6:30p-7:30p	\$25





## Yoga – Kripalu

Calm your mind! Hatha postures are practiced gently with an emphasis on being present in your body and sustaining a flowing breath. Choose the intensity level that is right for you.

Code	Location	Classes	Begins	Day	Time	Fee
<b>Beginning</b>						
9385	Orchard	8	1/19	Tu	4:15p-5:15p	\$25
9386	Orchard	8	1/21	Th	4:15p-5:15p	\$25
<b>Intermediate</b>						
9389	Auburn Hills	8	1/20	W	6:00p-7:00p	\$25
9388	Orchard	6	1/25	M	6:00p-7:00p	\$19
9387	Orchard	8	1/21	Th	5:30p-6:30p	\$25



## Zumba Fitness

Join the hottest dance and fitness craze! Sculpt your body with simple Latin dance steps, interval and resistance training for a fun-filled rhythmic workout.

Code	Location	Classes	Begins	Day	Time	Fee
<b>Fee is per session</b>						
9390	Boston	6	1/25	M	6:00p-7:00p	\$19
9393	Edgemoor	6	1/25	M	5:30p-6:15p	\$14
9392	Edgemoor	8	1/20	W	5:30p-6:15p	\$19
9394	Evergreen	8	1/19	Tu	7:30p-8:15p	\$19
9395	Evergreen	8	1/23	Sa	10:00a-10:45a	\$19
9399	Orchard	14	1/20	M/W	5:45p-6:30p	\$33
<b>Fee is per visit</b>						
9398	McAdams	7	1/25	M	7:30p-8:30p	\$4
9396	McAdams	9	1/20	W	10:30a-11:30a	\$4
9397	McAdams	9	1/23	Sa	12:00p-1:00p	\$4

## Zumba in da Club

Come clubbing... Zumba style! This cardio workout has club lighting and bass dropping sounds. Latin inspired music packed with red-hot dance steps will have you rockin' the weight off.

Code	Location	Classes	Begins	Day	Time	Fee
9391	Boston	8	1/21	Th	6:30p-7:30p	\$25

## Zumba Gold - Plus-Size

Just do it! Join a fun cardio fitness class geared towards the plus-size individual or those who are body-conscious. A supportive group fitness program held in a private setting.

Code	Location	Classes	Begins	Day	Time	Fee
9400	Hyde Pk	6	1/25	M	7:00p-7:45p	\$14
9401	Hyde Pk	6	1/27	W	7:00p-7:45p	\$14

## Boxing

### Boxing Basics

Float like a butterfly, sting like a bee! Learn proper techniques such as stance, jabs, power punches, footwork, hooks and uppercuts. Also learn strategies to prepare for a match. This no-contact class features punching bags, speed bags and punching mitts. Boxing gloves are provided or bring your own.

Code	Location	Classes	Begins	Day	Time	Fee
<b>Beginning (Women)</b>						
9167	Woodard Annex	5	1/25	M	6:00p-6:45p	\$16
9162	Woodard Annex	5	1/21	Th	7:00p-7:45p	\$16
<b>Beginning (Men)</b>						
9163	Woodard Annex	5	1/20	W	6:00p-6:45p	\$16
<b>Intermediate (Women)</b>						
9164	Woodard Annex	5	1/25	M	7:00p-7:45p	\$16
<b>Intermediate (Coed)</b>						
9165	Woodard Annex	5	1/21	Th	6:00p-6:45p	\$16
<b>Intermediate (Men)</b>						
9168	Woodard Annex	5	1/20	W	6:45p-7:30p	\$16

## Boxing Private Lessons

One-on-one training is the fastest way to improve your boxing skills and experience a dynamic workout!

- \$15 per 30-minute private lesson.
- By appointment only.
- Ages 6+.
- Held at Lynette Woodard Annex.
- Contact Lynette Woodard Recreation Center for schedule and to register.
- No membership required!



## Martial Arts

### Chinese Internal Boxing

Go on the defensive! Practice advanced techniques in boxing, kicking and self-defense. Must receive instructor approval before taking this intermediate level class. Ages 12+.

Code	Location	Classes	Begins	Day	Time	Fee
9178	Linwood	6	1/25	M	5:30p-6:45p	\$19





### Chinese Internal Boxing for Self-Defense **NEW!**

Give yourself a fighting chance! Learn how to stop an attack. Slow, repetitive movements reinforce skills such as locks, compliance techniques, strikes and kicks. Flexibility, stretching and strengthening exercises are incorporated. A great family class. Ages 8+; parent must enroll and participate with kids ages 8-11.

Code	Location	Classes	Begins	Day	Time	Fee
9107	Linwood	6	1/25	M	7:00p-8:15p	\$19

### Jiu-Jitsu

Your body becomes your weapon! This weaponless grappling martial art uses take downs, throws, sweeps and submissions. Focus is on learning techniques of Brazilian Jiu-Jitsu such as escapes, positioning and self-defense. Ages 14+.

Code	Location	Classes	Begins	Day	Time	Fee
<b>Beginning</b>						
9244	Evergreen	8	1/23	Sa	11:00a-12:00p	\$24
<b>Advanced</b>						
9243	Evergreen	12	1/19	Tu/Th	7:00p-8:00p	\$36
9245	Evergreen	10	3/1	Tu/Th	7:00p-8:00p	\$30

### Karate

Kick it! Receive instruction in Okinawan Goju Ryu Karate through drills and forms that involve punching, blocking, kicking, stretching and self-defense. Belt advancement available. Ages 7+.

Code	Location	Classes	Begins	Day	Time	Fee
9250	Boston	8	1/19	Tu	7:45p-8:45p	\$24

### Self-Defense Workshop

Protect yourself! Learn various techniques to use in response to an attack such as use of pressure points, blocks, kicks and punches. Expect some hand-to-hand contact while practicing these control methods.

Code	Location	Classes	Begins	Day	Time	Fee
<b>Ages 6+</b>						
9289	Evergreen	1	1/30	Sa	10:00a-12:00p	\$9
9291	Orchard	1	2/6	Sa	9:00a-12:00p	\$14
<b>Ages 8+</b>						
9290	Linwood	1	1/23	Sa	9:00a-12:00p	\$14

### Tae Kwon Do

Work your way up the martial arts ladder! Develop physical agility and self-discipline while learning respect for yourself and others. Belt advancement opportunities are available. Ages 6+.

Code	Location	Classes	Begins	Day	Time	Fee
<b>Beginning</b>						
9322	Edgemoor	16	1/19	Tu/Th	6:15p-7:15p	\$48
9324	Evergreen	16	1/19	Tu/Th	6:30p-7:30p	\$48
9325	Linwood	14	1/21	M/Th	6:45p-7:45p	\$42
9327	Orchard	14	1/20	M/W	6:15p-7:15p	\$42
<b>Intermediate</b>						
9323	Edgemoor	16	1/19	Tu/Th	7:15p-8:15p	\$48
9326	Linwood	14	1/21	M/Th	7:45p-8:45p	\$42
9328	Orchard	14	1/20	M/W	7:15p-8:15p	\$42

## Sports

### Introduction to Pickleball

You'll relish Pickleball! This sport is a combination of table tennis, badminton and tennis. Get introduced to the game, practice skills and hone your technique. Session concludes with a round robin mini-tournament.

Code	Location	Classes	Begins	Day	Time	Fee
9419	Boston	5	2/10	W	6:00p-7:00p	\$21
9232	Edgemoor	5	1/25	M	1:30p-2:30p	\$21

### Pickleball Open Gym

Calling all Pickleball lovers! Beginners to advanced players will get a workout and improve skills by dropping in for these quick, fast-paced pick-up games. Fee is per visit.

Code	Location	Classes	Begins	Day	Time	Fee
9279	Boston	8	1/20	W	7:00p-9:00p	\$2
9280	Edgemoor	9	1/19	Tu	1:00p-3:00p	\$2
9281	Edgemoor	9	1/22	F	1:00p-3:00p	\$2
9282	Edgemoor	9	1/23	Sa	1:00p-3:00p	\$2



### Volleyball - Coed Individual

Bump it up! Join this self-officiated intermediate level league. Proficiency in all skills and court strategy required. Fee is per person.

Code	Location	Classes	Begins	Day	Time	Fee
9360	McAdams	7	1/25	M	5:30p-7:30p	\$23





# Dance

## Belly Dance

Shimmy your way into shape as you isolate and work various body parts such as shoulders, chest and stomach. For beginners only.

Code	Location	Classes	Begins	Day	Time	Fee
9158	Linwood	8	1/20	W	6:00p-7:00p	\$30



## Belly Dance II **NEW!**

Shimmy your way to the top! This intermediate class builds on Belly Dance basics skills with additional dance steps and an introduction to choreography. Also learn about performance preparation techniques.

Code	Location	Classes	Begins	Day	Time	Fee
9106	Linwood	8	1/21	Th	6:00p-7:00p	\$30

## Belly Dance Combinations and Props

Take your skills to the next level with new dance steps in this intermediate class. Discover how to use props such as veils, canes and zils.

Code	Location	Classes	Begins	Day	Time	Fee
9160	Linwood	8	1/20	W	7:00p-8:00p	\$30

## Belly Dance Choreography

The hips don't lie! Experienced belly dancers will progress into advanced moves and belly dance choreography. Instructor approval required for this advanced class.

Code	Location	Classes	Begins	Day	Time	Fee
9159	Linwood	8	1/21	Th	7:00p-8:00p	\$30



Wichita Park & Recreation and UnitedHealthcare Community Plan of Kansas - a KanCare provider have teamed up to provide recreational classes for members.

Visit your local recreation center or call 268-4361 for more information

## Clogging

Feel the beat in this high energy folk dance! Learn to create audible rhythms with your feet. You must provide your own clogging shoes.

Code	Location	Classes	Begins	Day	Time	Fee
9184	Kiwanis Pk	8	1/18	M	6:00p-7:00p	\$29

## Country Line Dance

Get your boots a scootin'! Learn the most popular dances such as the Tush Push and more. No partner required. A variety of music styles might be used.

Code	Location	Classes	Begins	Day	Time	Fee
<b>Beginning</b>						
9192	Edgemoor	6	1/25	M	5:30p-6:15p	\$16
9195	Linwood	8	1/19	Tu	6:30p-7:30p	\$31
9193	Orchard	8	1/21	Th	6:30p-7:30p	\$31
<b>Intermediate</b>						
9194	Orchard	8	1/21	Th	7:45p-8:45p	\$31

## Country Western Dance

Kick up your heels! Learn country dances such as the two-step, triple-step and waltz. Learn to negotiate a crowded dance floor, matching dances with music and how to lead and follow. Fee is per couple. No online registration; call to register.

Code	Location	Classes	Begins	Day	Time	Fee
9196	Edgemoor	6	1/25	M	6:30p-7:15p	\$32



## Fox Trot & East Coast Swing

Dance like Fred & Ginger! Grab your partner and learn the smooth, gliding steps of the Fox Trot along with the upbeat, rhythmic movements of East Coast Swing. Both use a variety of music. Fee is per person; couples encouraged.

Code	Location	Classes	Begins	Day	Time	Fee
9143	Minisa Pk	8	1/20	W	7:00p-8:00p	\$29

## Fox Trot & Rumba **NEW!**

Make your move! Travel smoothly across the dance floor with the Fox Trot. Then shake things up with the Rumba which uses strong hip action and complex footwork set to a Latin beat. Fee is per couple. No online registration; call to register.

Code	Location	Classes	Begins	Day	Time	Fee
9142	Edgemoor	6	1/25	M	7:30p-8:15p	\$32

## Latin Dancing

Spice up your moves while learning the Salsa, Mambo, Cha-Cha, Rumba and Cumbia dance techniques.

Code	Location	Classes	Begins	Day	Time	Fee
9253	Boston	8	1/21	Th	5:30p-6:30p	\$29
9254	Edgemoor	8	1/19	Tu	5:45p-6:30p	\$22

## Party on the Dance Floor

Busta move! Update your dance steps and improve your confidence on the dance floor at clubs, parties or weddings. Learn hip hop, shufflin', popping and body rolls. Also learn popular group dances such as the Cupid Shuffle, Cha-Cha Slide and the Wobble.

Code	Location	Classes	Begins	Day	Time	Fee
9275	Evergreen	7	1/23	Sa	9:00a-9:45a	\$19



## West Coast Swing Dance

Get into the swing of things! This popular form of swing uses current styles of music such as Blues, Country, Oldies, Rock and Roll or Swing. Basic movements consisting of triple-steps in either six or eight counts of music will be taught along with timing patterns and basic turns. Fee is per person. Couples encouraged.

Code	Location	Classes	Begins	Day	Time	Fee
9372	Edgemoor	8	1/19	Tu	7:00p-7:45p	\$22

## Music

### Drums Private Lessons

Feel the beat! Learn proper grip, stroke technique, rhythms, patterns and different drumming style on snare drums and a drum kit. No online registration. Contact Woodard Recreation Center for lesson availability and to register. Fee is \$13 per 30-minute lesson. Ages 7+.

### Guitar

Strum your heart out! Learn guitar basics including tuning, strumming chords, understanding guitar charts, tablature and reading music. Students must bring own guitar.

Code	Location	Classes	Begins	Day	Time	Fee
9216	Linwood	8	1/19	Tu	7:30p-8:30p	\$33



### Guitar Private Lessons

Play like a rock star! Learn basic mechanics, chords, scales, notes, tuning, reading music and tablature. Learn to play all styles of music. Purchase of book is required after the first lesson. Amp and acoustic or electric guitar are available or bring your own. No online registration. Contact Woodard Recreation Center for lesson availability and to register. Fee is \$13 per 30-minute lesson. Ages 7+.

### Mandolin Private Lessons

Don't fret! These lessons cover posture, basic techniques, reading music and chord formation. No online registration. Contact Evergreen Recreation Center for lesson availability and to register. Fee is \$13 per 30-minute lesson. Ages 6+.

### Piano Private Lessons

Let your fingers do the walking! Begin with the foundations of piano including notes, chords, staff, rhythm, phrasing and dynamics. Purchase of selected piano book required after first session. No online registration. Contact Woodard Recreation Center for lesson availability and to register. Fee is \$13 per 30-minute lesson. Ages 7+.

## Art



### Abstract Painting **NEW!**

Reveal your inner artist! Abstract painting is a great place for beginners to start. Learn about layering, textures and techniques from other famous artists and create a mixed media collage. Creative application techniques such as paint scrapers are used. Contact Edgemoor for supply list.

Code	Location	Classes	Begins	Day	Time	Fee
9096	Edgemoor	8	1/21	Th	1:15p-2:15p	\$37





## Introduction to Drawing

Draw with confidence! Use proper techniques to sketch lines, curves and geometric shapes. Bring drawings to life by the use of shadows, shading, texture and perspective. All supplies provided.

Code	Location	Classes	Begins	Day	Time	Fee
9231	Linwood	4	1/21	Th	7:15p-8:30p	\$24

## Oil Painting

Dream big as you choose your next project! Work one-on-one with the instructor to boost your artistic skills. This course is for everyone from basic to advanced painters. Bring supplies.

Code	Location	Classes	Begins	Day	Time	Fee
9271	Edgemoor	6	1/25	M	1:30p-3:30p	\$40



## Printmaking **NEW!**

Make an impression! Create one-of-a-kind prints on cards, wrapping paper and art work! Learn the mono-printing process from transferring patterns to the use of the tools and producing prints on watercolor paper. All supplies provided.

Code	Location	Classes	Begins	Day	Time	Fee
9105	Evergreen	8	1/20	W	6:45p-8:00p	\$46

## Storytelling Through Art **NEW!**

A picture is worth a thousand words! Cavemen and Egyptians used images to convey their story. Learn the art of developing concepts or ideas so you can convey your story in illustrations, album covers or ads. All supplies provided.

Code	Location	Classes	Begins	Day	Time	Fee
9108	Linwood	4	2/18	Th	7:15p-8:30p	\$24

# 4

**WAYS TO REGISTER:**  
Online, by phone, by mail  
or in person - see page 35.

## Hobbies & Leisure

### Aromatherapy

Let fragrance help your mind, body and spirit! Discover the benefits of essential oils, their properties and therapeutic uses. Learn blending techniques and then create your own alternative blends to take home.

Code	Location	Classes	Begins	Day	Time	Fee
9130	Linwood	3	3/1	Tu	6:00p-8:00p	\$55

### Crochet Basics

This class will have you in stitches! Learn tools, techniques, yarn selection and stitches ranging from simple to ornate. Create objects like coasters, dishcloths and flowers. Supplies provided.

Code	Location	Classes	Begins	Day	Time	Fee
9198	Orchard	3	1/21	Th	6:00p-8:00p	\$24

### Decorative Leather Carving **NEW!**

Carve up some fun! Skills learned to customize your leather projects include leather preparation, transferring patterns, stitching, stamping and finishing techniques. Craft a trading card holder and a wallet. All materials provided. Ages 10+.

Code	Location	Classes	Begins	Day	Time	Fee
9094	Edgemoor	6	1/25	M	6:15p-7:45p	\$54

### Mah Jongg

The great brain game! Use skill and strategy in this game played with 152 domino-like tiles. Apply American Mah Jongg moves to develop strategies and create a winning hand. Rules and standards of the National Mah Jongg League are used.

Code	Location	Classes	Begins	Day	Time	Fee
<b>Beginning</b>						
9263	Edgemoor	5	1/23	Sa	9:30a-11:30a	\$36
<b>Intermediate</b>						
9264	Edgemoor	3	2/27	Sa	9:30a-11:30a	\$22



### Mah Jongg Strategies **NEW!**

Get ahead of the game! Intermediate players will learn about new strategies for choosing and developing a hand, changing hands and defensive play. Receive additional coaching tips during game play.

Code	Location	Classes	Begins	Day	Time	Fee
9095	Edgemoor	5	1/23	Sa	12:30p-2:30p	\$36



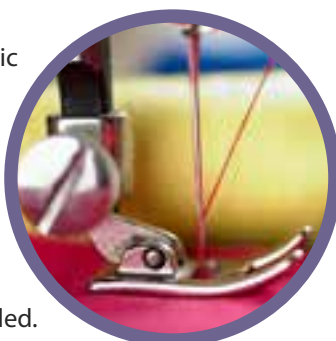
## Natural Soap Making

This is no soap-on-a-rope! Hear about the history of soap making, then craft your own signature soaps using melt and pour techniques and cold-process methods. Utilize aromatherapy to create your own recipes.

Code	Location	Classes	Begins	Day	Time	Fee
<b>Beginning</b>						
9268	Linwood	1	1/30	Sa	1:00p-4:00p	\$35
9269	Orchard	1	2/6	Sa	1:00p-4:00p	\$35
<b>Intermediate</b>						
9270	Orchard	1	2/20	Sa	1:00p-4:00p	\$35

## Sewing Basics

It's sew simple! Learn to operate basic features on a sewing machine and find out about the essential sewing tools and accessories. Basic troubleshooting is discussed as well as practicing simple utility stitches, zipper installation, elastic insertion and button holes. All supplies included.



Code	Location	Classes	Begins	Day	Time	Fee
9293	McAdams	7	1/22	F	12:30p-2:00p	\$41

## Special Interest

### Advanced Digital SLR Photography **NEW!**

Take your photography to the next level! Learn more about using manual settings along with additional light sources. Get an overview of photo editors along with picture file management tools. Bring camera and digital work examples.

Code	Location	Classes	Begins	Day	Time	Fee
9341	Edgemoor	3	1/20	W	6:00p-8:00p	\$25



**REGISTER EARLY  
CLASSES FILL FAST!**



Facebook.com/WichitaParkandRec · Creating community through people, parks, and programs

## Become a Beekeeper

What's the buzz about? This beginning course teaches beekeeping essentials including equipment, caring for and collecting bees and developing and harvesting honey. Instructor provides continued support once your hive has been established.

**Presented by American Bee Removal.**



Code	Location	Classes	Begins	Day	Time	Fee
9157	Orchard	10	1/21	Th	7:00p-8:30p	\$49

## Advanced Bee Management

Get your hive to thrive! Protect your investment by learning about cell building methods and how to cycle a nuc hive. Emphasis is on queen rearing, replacement and cell grafting to strengthen colonies. **Presented by American Bee Removal.**

Code	Location	Classes	Begins	Day	Time	Fee
9120	Orchard	6	1/25	M	7:00p-8:30p	\$30



## Couples Relationship Training **NEW!**

Can we talk? A Licensed Clinical Manager and Family Therapist will help you improve communication skills and strengthen relationships. Learn how to discuss serious issues like finances, intimacy and parenting in a fun and interactive environment. Fee is per couple. No online registration; call to register.

Code	Location	Classes	Begins	Day	Time	Fee
9114	Woodard Annex	5	1/23	Sa	10:00a-11:30a	\$10

## Digital Photography Basics

Learn to use that new camera you got for Christmas! Beginning shutterbugs will explore camera functions, composition, editing, printing and archiving. Utilization of free image editing and management programs is also taught as a way to enhance your photography. Bring camera and memory card.

Code	Location	Classes	Begins	Day	Time	Fee
9340	Edgemoor	3	2/10	W	6:00p-8:00p	\$25
9410	Orchard	2	1/25	M	6:00p-8:00p	\$17



## Genealogy for Beginners

Shake your family tree! Begin researching your family history using genealogy forms, census materials, vital records and internet tips. **Presented by the Wichita Genealogical Society.**

Code	Location	Classes	Begins	Day	Time	Fee
9259	Edgemoor	4	1/19	Tu	6:00p-7:30p	\$22

## Genealogy: Beyond the Basics

It's all relative! Use advanced resources to aid in your genealogical research. Develop a timeline, track your ancestor's migration and incorporate military records and cemeteries in your research. **Presented by the Wichita Genealogical Society.**

Code	Location	Classes	Begins	Day	Time	Fee
9212	Edgemoor	4	2/16	Tu	6:00p-7:30p	\$22

## Ghost Academy

Is there something strange, in your neighborhood? Learn the technical aspects of equipment, terminology, techniques, types of paranormal activity and evidence review. Hear actual investigation recordings from historic locations around town. **Presented by the Wichita Paranormal Research Society.**

Code	Location	Classes	Begins	Day	Time	Fee
9215	Linwood	1	1/23	Sa	1:00p-4:00p	\$15



## Identity Theft Workshop **NEW!**

Protect yourself! Learn the six major areas of identity theft, how it happens and ways of minimizing the risk to you AND the minors in your household. Restoration services and credit monitoring plans will also be discussed. **Presented by Harvard Risk Management Corporation.**

Code	Location	Classes	Begins	Day	Time	Fee
9420	Edgemoor	1	1/21	Th	6:00p-7:00p	\$4
9496	Evergreen	1	2/12	F	2:30p-3:30p	\$4

## Introduction to Computers **NEW!**

You have a computer... now what? Get acquainted with the computer, Windows operating system and common functions. Create a Word document, capture a screen image, manage files, generate emails and navigate web sites. Computer safety and back-ups will be discussed.

Code	Location	Classes	Begins	Day	Time	Fee
9113	Orchard	8	1/20	W	6:00p-7:00p	\$34



## Learn to be a Clown **NEW!**

Start clowning around! Learn all aspects of clownmanship including makeup, costuming, character development and performance skills. Balloon twisting and skits are also covered. Entertain your family and friends during a graduation performance. Starter make-up kit provided. **Presented by Kansas Ringleaders Clown Alley.**

Code	Location	Classes	Begins	Day	Time	Fee
9497	Linwood	8	1/20	W	7:00p-9:00p	\$45

## Self-Publishing Made Easy

Advances in technology make self-publishing easy! Explore the pros and cons of several publishing options as well as distribution outlets and marketing tools. Also learn how to find editors and graphic designers.

Code	Location	Classes	Begins	Day	Time	Fee
9292	Linwood	2	2/6	Sa	1:00p-2:30p	\$12

## Private Tutoring: Math

Understanding math is easy as Pi! Ensure academic success with one-on-one instruction. No level is off limits with an instructor that is a former college professor with knowledge of basic math, Algebra, Calculus, Geometry, Trigonometry and ACT/SAT preparation. No online registration. Register at Lynette Woodard.

- Ages 6+.
- \$13 for 30 minutes or \$25 for one hour.
- Available Monday-Wednesday from 5:30p-7:30p.





# Cooking

## Bake Masters

Mix it up! Review baking basics, safety, the art of reading a recipe and assembling the ingredients. Create delicious baked goods such as cake, glazed lemon zucchini bread, butterscotch and peanut butter cookies and mini pies. Registration deadline is noon, one day prior to class.

Code	Location	Classes	Begins	Day	Time	Fee
<b>Ages 6+</b>						
9104	Evergreen	4	1/23	Sa	10:00a-11:30a	\$41
<b>Ages 16+</b>						
9102	Evergreen	4	1/19	Tu	6:00p-7:30p	\$41
9103	Evergreen	4	2/16	Tu	6:00p-7:30p	\$41



## Healthy Eating: Breakfast Quickies **NEW!**

Create a breakfast of champions! Delight in making quick and easy breakfast ideas such as quiche, smoothies and quinoa breakfast bars. These healthy options will help you start the day off right.

Code	Location	Classes	Begins	Day	Time	Fee
9111	Orchard	1	2/27	Sa	1:00p-2:30p	\$20

## Healthy Eating: Healthy Snacks **NEW!**

Combat hunger the healthy way! Homemade pick-me-ups such as coconut popcorn, coconut truffles and recipes involving fruits and nuts will satisfy your appetite without being boring. Learn how their nutritional value compares to processed snacks.

Code	Location	Classes	Begins	Day	Time	Fee
9112	Orchard	1	1/30	Sa	1:00p-2:30p	\$20

## Soul Food Cooking

Southern cuisine is good for the soul! Learn to dish up homemade fried chicken, fried catfish, macaroni and cheese, mustard greens, yams and barbecued ribs. Leave your guests craving more at your next dinner party.

Code	Location	Classes	Begins	Day	Time	Fee
9306	McAdams	5	1/21	Th	6:00p-7:00p	\$25

## The Art of Baking



Baking from scratch is satisfying and surprisingly easy. The Chef will teach various preparation techniques, mixing methods, essential tools and share recipes for each subject. Registration deadline is the Tuesday prior to the day of class. **Presented by BETA@Butler Community College.**

## Breads

There's a lot you 'knead' to know! Prepare a variety of types of breads such as French, Italian, Focaccia and Sourdough.

Code	Location	Classes	Begins	Day	Time	Fee
9411	Boston	1	1/20	W	6:30p-8:30p	\$29
9412	Boston	1	2/17	W	6:30p-8:30p	\$29

## Cakes

This is a piece of cake! Create a variety of cakes including coffee, bundt, pound and traditional. Learn how to use leavening agents for the proper texture.

Code	Location	Classes	Begins	Day	Time	Fee
9413	Boston	1	1/27	W	6:30p-8:30p	\$29
9414	Boston	1	2/24	W	6:30p-8:30p	\$29

## Pies

It's as easy as pie! Prepare the perfect flaky crust and discover how to make fruit fillings, custards, meringues and turnovers.

Code	Location	Classes	Begins	Day	Time	Fee
9415	Boston	1	2/3	W	6:30p-8:30p	\$29
9416	Boston	1	3/2	W	6:30p-8:30p	\$29

## Cookies

Be a smart cookie! Practice techniques for unique styles of cookies such as cookie bars and cookie pies along with a variety of classic cookies.

Code	Location	Classes	Begins	Day	Time	Fee
9417	Boston	1	2/10	W	6:30p-8:30p	\$29
9418	Boston	1	3/9	W	6:30p-8:30p	\$29



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[www.facebook.com/WichitaParkandRec](http://www.facebook.com/WichitaParkandRec)



Facebook.com/WichitaParkandRec · Creating community through people, parks, and programs

## Cooking for Yourself



Be your own personal chef! Individuals with intellectual disabilities will learn to cook healthy meals and snacks. Learn how to measure, follow a recipe and select the right foods and ingredients to make the food melt in your mouth. Registration deadline is the Monday before class. Ages 18+.

Code	Location	Classes	Begins	Day	Time	Fee
9185	Orchard	4	2/3	W	5:30p-7:00p	\$25

## Do It Yourself

### Ceramic Tile Installation

You've got it covered! Learn to install ceramic tile on floors, walls and countertops. Get tips on grouting like a pro for stunning results. Presented by The Home Depot.

Code	Location	Classes	Begins	Day	Time	Fee
9498	Linwood	1	3/5	Sa	10:00a-12:00p	\$8



### Interior Trim Basics

Don't get cornered! Gain skills to plan and install interior trim from chair rails and baseboards to crown molding. Learn molding types, placement in the room, material estimation and proper tool selection. Mitering, coping and basic joinery methods are also demonstrated. Presented by The Home Depot.

Code	Location	Classes	Begins	Day	Time	Fee
9499	Linwood	1	2/20	Sa	10:00a-12:00p	\$8

## Staining & Refinishing

Breathe new life into that wood furniture! Get a quick overview on the importance of stripping the old finish and other preparation measures. Basic staining techniques and general repair will also be covered along with selecting the right stains and finishes. Presented by The Home Depot.

Code	Location	Classes	Begins	Day	Time	Fee
9500	Linwood	1	1/30	Sa	10:00a-12:00p	\$8

## Languages

### American Sign Language

Let your hands do the talking! We'll teach you to spell the alphabet along with simple words and phrases. Textbook, "American Sign Language: Basic Signing Made Easy" by Irene Duke is required.

Code	Location	Classes	Begins	Day	Time	Fee
9127	Woodard	8	1/19	Tu	6:15p-7:15p	\$28
9125	Woodard	8	1/21	Th	6:00p-7:00p	\$28



### Spanish

Boost your communication skills by learning a new language! Practice common words, phrases and sentence structures. Edgemoor requires the textbook "Spanish in 10 Minutes a Day."

Code	Location	Classes	Begins	Day	Time	Fee
9307	Edgemoor	8	1/20	W	5:30p-7:00p	\$36
9308	Evergreen	8	1/19	Tu	6:30p-8:00p	\$36
9309	Evergreen	8	1/23	Sa	10:00a-11:30a	\$36
9310	Orchard	6	1/25	M	10:00a-11:30a	\$27
9311	Orchard	6	1/25	M	6:30p-8:00p	\$27

### Spanish in the Workplace

A little goes a long way! Learn basic vocabulary words, key phrases and structures needed to have simple conversations with Spanish speaking customers, patients and co-workers.

Code	Location	Classes	Begins	Day	Time	Fee
9312	Linwood	8	1/19	Tu	6:30p-8:00p	\$36

### Vietnamese

Good morning Vietnam! This introduction focuses on the alphabet, grammar, pitch and tones. Practice simple exchanges such as introductions, greetings, time and money.

Code	Location	Classes	Begins	Day	Time	Fee
9359	Linwood	8	1/19	Tu	6:30p-8:00p	\$36
9357	McAdams	5	1/19	Tu	7:30p-8:15p	\$14

# 55+ ACTIVE ADULTS

The following classes have been tailored specifically to suit the fitness needs of the Active Adult population age 55 and older. There is also an abundance of classes found in the Adult section that are suitable for all levels of interest and ability, including the Active Adult. Please review that section thoroughly.

## Fitness



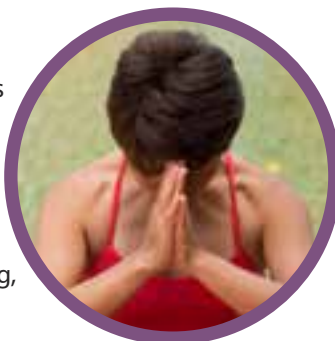
### Forever Fit

A low impact fitness class which promotes increased strength, range of movement, balance and flexibility with the use of hand-held weights and elastic tubing with handles. A chair is used for seated and/or standing support.

Code	Location	Classes	Begins	Day	Time	Fee
9206	Edgemoor	8	1/19	Tu	9:00a-9:45a	\$19
9207	Edgemoor	8	1/21	Th	9:00a-9:45a	\$19
9210	Linwood	6	1/25	M	9:00a-9:45a	\$14
9208	Orchard	8	1/19	Tu	9:30a-10:15a	\$19
9209	Orchard	8	1/21	Th	9:30a-10:15a	\$19

### Gentle Yoga

No pretzels or headstands here! This gentle and slower paced yoga class includes simple movements sitting in a chair or using it for support. Variations are shown for different abilities or needs. Improve breathing, balance and self-awareness.



Code	Location	Classes	Begins	Day	Time	Fee
9213	Linwood	8	1/20	W	9:30a-10:15a	\$19
9214	Linwood	8	1/22	F	9:30a-10:15a	\$19

### Stretch and Tone

Get energized! Stay active and improve muscle tone and flexibility. Bring your own exercise mat. Contact Linwood for more information.

Code	Location	Classes	Begins	Day	Time	Fee
9321	Goldenrod Pk	6	1/25	M	9:30a-10:15a	\$14
9320	Goldenrod Pk	8	1/22	F	9:30a-10:15a	\$19

## RALPH WULZ RIVERSIDE TENNIS CENTER

551 Nims | 337-9257

**Mon-Thur:** 8:30am-9:00pm  
**Fri:** 8:30am-8:00pm  
**Sat:** 8:00am-3:30pm  
**Sun:** 11:00am-7:00pm

## Court Rates

Indoor courts may be reserved in person or by phone by calling Riverside after 10:00am. Reservations are accepted up to three days in advance using a Visa or MasterCard debit/credit card.

**Cancellations must be made 24 hours in advance.**

Indoor \$18/hour

Outdoor \$4/hour



**CALL 337-9257  
TO BOOK COURT TIMES OR  
REGISTER FOR CLASSES  
AND LEAGUES**



## Private Lessons

Contact Riverside to schedule private instruction.

### Director of Tennis

Private (1 or 2 people) \$48/hour

Semi-Private (3/4 people) \$60/hour

### Certified Staff Pro

Private (1 or 2 people) \$40/hour

Semi-Private (3 or 4 people) \$54/hour





# Adult Group Lessons



## Beginning Drill

For new players with little or no experience. This drill emphasizes stroke production and includes some point play.

Dates	Day	Time	Daily Fee
Jan 3 - Mar 27	Su	11:30a-1:00p	\$15

## Intermediate Drill

For players with some experience who want to gain strategy guidance. The first half refines technique while the second half introduces doubles strategy. Some ability to rally is required.

Dates	Day	Time	Daily Fee
Jan 3 - Mar 27	Su	1:00p-2:30p	\$15

## Advanced Drill

Experienced players spend the first half focusing on stroke production and the second half on doubles strategy and patterns of play. Ability to rally consistently is required.

Dates	Day	Time	Daily Fee
Jan 2 - Mar 26	Sa	9:00a-10:30a	\$15
Jan 6 - Mar 30	We	6:30p-8:00p	\$15

# Junior Group Lessons



All participants are grouped by ability and must register by session.

**Tots:** Develop motor skills and eye-hand coordination while learning tennis basics. Ages 4-7.

**Beginner:** Basic tennis strokes and game rules are taught in a fun atmosphere. Ages 8-16.

**Intermediate:** Strategy becomes a bigger aspect, with emphasis on stroke production. Ages 8-16.

**Advanced:** Focus is strictly on rallying. Proper technique is required to be enrolled in this class. Ages 8-16.

Level	Day	Time	Fee	Session
Tots	M	5:30p-6:30p	\$36	Jan
	M	5:30p-6:30p	\$36	Feb
	M	5:30p-6:30p	\$45	Mar

Level	Day	Time	Fee	Session
Beginning	M/F	6:30p-7:30p	\$72	Jan
	M/F	6:30p-7:30p	\$72	Feb
	M/F	6:30p-7:30p	\$90	Mar

Level	Day	Time	Fee	Session
Intermediate	W/F	5:30p-6:30p	\$72	Jan
	W/F	5:30p-6:30p	\$72	Feb
	W/F	5:30p-6:30p	\$90	Mar

Level	Day	Time	Fee	Session
Advanced	Tu/Th	5:30p-6:30p	\$72	Jan
	Tu/Th	5:30p-6:30p	\$72	Feb
	Tu/Th	5:30p-6:30p	\$90	Mar

# Leagues

## Junior Singles **NEW!**

Players eligible for intermediate junior classes or above may participate in this league. Players are assigned matches each week and participate in one supervised match on Saturday. Match times are scheduled on Thursday nights.

Dates	Day	Time	Session Fee
Jan 9 - Feb 27	Sa	5:30p-6:30p	\$88



## Men's Doubles Indoor 3.0-4.0

For men with NTRP ratings of 3.0 - 4.0. Run as a flight league where you advance based on your win-loss record from the previous week.

Dates	Day	Time	Session Fee
Jan 7 - Feb 25	Th	7:30p-9:00p	\$88
Mar 3 - Mar 31	Th	7:30p-9:00p	\$55

## Men's Doubles Indoor 4.0+

For men with NTRP ratings of 4.0 and above. Run as a flight league where you advance based on your win-loss record from the previous week.

Dates	Day	Time	Session Fee
Jan 5 - Feb 23	Tu	7:30p-9:00p	\$88
Mar 1 - Mar 29	Tu	7:30p-9:00p	\$55

# YOUTH SPORTS LEAGUES

455 N. Main, 11th floor | 268-4123 | Rainout Hotline: 219-9777  
8am-5pm M-F (excluding holidays)

## Boys Youth Baseball

From the beginning to experienced player, there is a team for everyone! Youth may sign up individually or established teams are welcome to join. Players will be placed on teams based on their location within the city. Coaches are all volunteers. Season consists of 14 games and all players receive a free game jersey.

**Registration Begins:** January 4

**Registration Ends:** March 25

**Fees:**

- Boys 8 & under (machine pitch): \$60
- Boys 10 & under: \$70
- Boys 12 & under: \$70
- Boys 14 & under: \$75

**Season Starts:** April 25

**Location:** Planeview

## Coed Youth Lacrosse

Experience the fastest growing youth sport in the nation! Eight weeks of a quality lacrosse program led by coaches with years of experience. See for yourself what lacrosse is all about. Equipment rental is available for \$30. Grades 2-8.

**Registration Begins:** January 4

**Registration Ends:** March 25

**Fee per Person:** \$70

**Season Starts:** April 9

**Location:** Stryker Sports Complex

## Coed Youth Rugby **NEW!**

Join this non-contact "flag" version of rugby that introduces boys and girls to basic skills and game play. Players learn proper passing and catching as well as teamwork for offensive and defensive formations. Grades 3-8.

**Registration Begins:** January 4

**Registration Ends:** March 18

**Fee per Person:** \$45

**Pre-season Clinic:** April 9 & 10

**Season Starts:** April 17

**Location:** Stryker Sports Complex

## LOCATIONS

Planeview: 2819 Fees, 67210

West Douglas Army: 3201 W. Douglas, 67213

Stryker Soccer Complex: 2999 N. Greenwich, 67226

South Lakes Sports Complex: 2211 W. 47th St. South, 67217

Kansas Sports Hall of Fame Complex (WSAF): 571 N. McLean Blvd, 67203





## Men's and Coed Spring League Slow-Pitch Softball

Recreational and competitive leagues available. Double headers are played on the night of your choice. Single player pools are available for those without enough players to fill a team. Season consists of 12 games. Games are played each night of the week.

**Registration Begins:** January 4

**Registration Ends:** March 4

**Fee per Team:** \$450

\$15 late registration fee after March 4

**Season Starts:** Week of March 20

**Locations:** Kansas Sports Hall of Fame Complex, South Lakes Sports Complex



## City of Wichita Golf League

Two-player teams face off against an opposing twosome for nine holes each Sunday. The team's lowest score on each hole is added to determine their overall score. Teams are handicapped and put into flights after the second week of play. This league takes place over eight Sundays (excluding holidays). Play rotates between all five Wichita Public Golf Courses. Fees must be paid in advance to eliminate forfeits. Green fees are included in your registration fee. See [wichita.gov/parkandrec](http://wichita.gov/parkandrec) for more details. Ages 14+.

**Registration Begins:** January 4

**Registration Ends:** April 1

**Fee:** \$200 per team/\$40 each for weekend pass holders (provide pass number when registering)

**Season Starts:** April 10

**Locations:** Arthur B. Sim, Auburn Hills, L.W. Clapp, Alfred MacDonald, Tex Consolver

## Spring League 7 on 7 Adult Men's Flag Football

Join a fun and competitive game of football without getting padded up! Played with a quarterback and six eligible receivers. Teams play an eight-game regular season on Saturday mornings with a single-elimination postseason tournament. Limited contact allowed.

**Registration Begins:** January 4

**Registration Ends:** March 11

**Fee Per Team:** \$375

**Season Starts:** March 19

**Location:** South Lakes Sports Complex

## Adult Coed Kickball League

Come relive your childhood glory days with this classic recess game! Kickball is a fun and purely recreational game that will get your heart rate up while keeping your stress level down. Season is six weeks with 12 games (double headers). Games will be played on Wednesday evenings.

**Registration Begins:** January 4

**Registration Ends:** March 30

**Fee Per Team:** \$350

**Season Starts:** April 6

**Location:** Kansas Sports Hall of Fame Complex

## LOCATIONS

Arthur B. Sim Golf Course: 2020 W. Murdock, 67203

Auburn Hills Golf Course: 443 S. 135th Street West, 67235

L.W. Clapp Golf Course: 4611 E. Harry, 67218

Alfred MacDonald Golf Course: 840 N. Yale, 67208

Tex Consolver Golf Course: 1931 S. Tyler Road, 67209



# POLICIES AND PROCEDURES

## Register Early!

Reserve your spot by registering at least three days prior to the class start date. Payment is due when registering. Decisions affecting classes are made in advance, so register early to prevent an unnecessary class cancellation! Late registrations will be accepted if space and materials are available.

## Registration Reminders

Keep a record of the dates and times of your registered classes, as registration reminders are not sent.

## Classroom Policy

For safety reasons, children are not allowed in adult classes.

## Class Cancellations

Classes cancelled by Wichita Park & Recreation due to low enrollment or unexpected circumstances are entitled to a full refund/credit. If your course is cancelled, we will attempt to notify you by phone or email prior to the first class. You may also apply the class fee to another course.

## Withdrawal Requests

To withdraw from a class, submit a written request to [bmcguire@wichita.gov](mailto:bmcguire@wichita.gov), fax to 316-858-7611 or drop off at any recreation center. Include the student's name, contact information, class information and tell us the reason for the request. Withdrawal forms are also available at [Wichita.gov/ParkandRec](http://Wichita.gov/ParkandRec).

## Inclement Weather

Every effort is made to maintain standard operations during inclement weather. However, if a class cancellation is necessary, we will attempt to notify you by phone or email. All efforts are made to reschedule classes cancelled.

## Refund Policies

Once a written withdrawal request is received, the refund/credit amount is determined based on the request date. Refunds may take up to three weeks to process. The \$1 online registration convenience fee is non-refundable. Requests received:

- Three or more business days prior the start of class receive a full refund/credit.
- One to two business days prior the start of class incur a \$5 administrative fee. Refunds/credits are not available for one-day workshops or one-day camps.
- After the first class and before the second class incur a \$5 administrative fee and are reviewed on a case-by-case basis. You may receive no refund/credit or a partial refund/credit if the enrollment falls below the minimum number of participants needed to hold a class or if supply costs are incurred on your behalf.
- After the third class will not be issued a refund/credit.

## Account Credits

Credits placed on your recreation account are available until the end of each calendar year, at which time a refund will be issued, less a \$5 administrative fee.

## Satisfaction Guarantee

Wichita Park & Recreation is committed to excellence and strives to provide the highest quality classes. If you are not completely satisfied with a class or program, submit your concerns in writing and a member of our administrative staff will contact you.



# REGISTRATION FORM

## 4 WAYS TO REGISTER:

ONLINE: Visit [Wichita.gov/ParkandRec](http://Wichita.gov/ParkandRec) and then click on the "Registration" tab.

BY PHONE: Call the Recreation Center of your choice or call 268-4361.

IN PERSON: Bring this completed form into any Recreation Center Monday through Friday (hours vary by location).

BY MAIL: Mail this completed form along with your check to 455 N. Main Street, 11th Floor, Wichita, KS 67202.

☐ Please check here if your address has changed in the last 12 months.

Parent/Guardian Name (if enrolling a child) \_\_\_\_\_ Adult Birth Date \_\_\_\_\_

Street \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

HomePhone \_\_\_\_\_ Cell \_\_\_\_\_ Work \_\_\_\_\_

Email Address \_\_\_\_\_

CODE	LOCATION	CLASS NAME	DAY	TIME	PARTICIPANT NAME	GENDER		BIRTH DATE	FEE
						M	F		
						M	F		
						M	F		
						M	F		
						M	F		
						M	F		

*I agree to release, indemnify, and hold the City of Wichita, its agents, officers and employees (City) harmless from any and all liability claims, actions, judgments, damages or injuries of every kind and nature whatsoever to myself, the participant(s) I am authorizing, and/or his or her property, when that damage or injury arises from participation in activities for which the participant is registered. I further acknowledge that I have familiarized myself with the description of the activities, understand that hazards and the participant's personal limitations and knowingly assume all risks. I acknowledge I have read and understand this Liability Waiver, Release and Indemnity Agreement, and understand that I am waiving any claim that may arise against the City for any harm sustained as a result of any activity for which I am registering or for which I am registering a minor child.*

Signature of Participant

Date

Signature of Responsible Adult

Date

*By registering for this class, activity or event, I grant permission to the City of Wichita, its agents and employees, to take photographs, video, or other images of me and/or the persons I am registering during such class, activity or event and to use the images in any media at any time and for any public purpose as reasonably determined by the City of Wichita. I hereby waive any right to inspect or approve the finished photographs, video, or other images. I further waive any right to royalties or other compensation arising from or relating to the use of the images. This permission shall be effective until withdrawn by me in writing.*

*The City of Wichita prohibits discrimination on the basis of race, ethnicity, nation origin, sex, religion, age, sexual orientation, or disability in its services, programs, and activities. Anyone who believes he or she has been discriminated against may file a complaint with the City of Wichita Equal Affirmative Action Administrator in the Personnel Division at 268-4351.*

*The City of Wichita does not carry accident insurance to cover participants. Involvement in any activity is done at the participant's own risk.*



WICHITA PARK & RECREATION COMMUNITY FUND

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Wichita, KS 67202

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Permit No. 84



## PGA Jr. League coming to Wichita Public Golf Courses!

**Looking for youth ages 9-13  
interested in joining a golf team!**

Jr. League features a team-vs-team format in a structured league providing a popular, less stressful, scramble format.

Registration begins March 2016 at each course.  
For more information call Golf Division at 268-GOLF.  
To find a course location visit [golfwichita.com](http://golfwichita.com)!